

A young girl with dark hair, wearing a colorful plaid shirt, is reaching her right hand up towards the sky. She is smiling broadly, showing her teeth. The background is a lush field of pink cosmos flowers under bright, natural light.

AMERICAN ACADEMY OF  
CHILD & ADOLESCENT  
PSYCHIATRY

WWW.AACAP.ORG

# 2020 & 2021

## ANNUAL REPORT

# INTRODUCTION

Welcome to the combined 2020 and 2021 Annual Report of the American Academy of Child and Adolescent Psychiatry (AACAP). In the face of the unprecedented challenges brought about by the COVID-19 pandemic, AACAP has remained steadfast in its commitment to serving the needs of its members and advancing the field of child and adolescent psychiatry. While the pandemic necessitated the combination of these two annual reports, it is a testament to AACAP's resilience, adaptability, and unwavering dedication to its mission.

Throughout this exceptional period, AACAP continued to evolve and grow in every facet of the organization. Despite the disruptions and uncertainties, membership, and membership services not only persevered but experienced significant growth. This is a testament to the unwavering commitment of our members and their collective pursuit of excellence in the field of child and adolescent mental health.

The past two years challenged us to redefine how we operate, collaborate, and provide support. The absence of in-person gatherings and the limitations on traditional events compelled AACAP to embrace new technologies and innovative approaches to connect with our members and the community. We wholeheartedly embraced this opportunity for transformation, leveraging virtual platforms to host engaging educational sessions, impactful research forums, and meaningful discussions. Together, we ensured that the pursuit of knowledge and the exchange of ideas remained undeterred, even during the most trying times.

As we navigate this report, we invite you to witness the remarkable accomplishments and collaborative endeavors that have characterized AACAP's response to the pandemic. We celebrate the collective resilience and adaptability of our membership, who persevered in the face of adversity, and we commend the unwavering dedication of our members, staff, and partners who played instrumental roles in our continued growth.

Looking forward, the combined 2020 and 2021 Annual Report stands as a testament to the spirit of unity, innovation, and collaboration that defined AACAP during this challenging period. We remain committed to our mission of promoting the healthy development of children, adolescents, and families through advocacy, education, research, and clinical care. Together, we will forge ahead, armed with the lessons learned and the progress achieved, as we continue to shape the future of child and adolescent psychiatry.

Thank you for joining us on this remarkable journey of resilience, growth, and positive change.

## 2020-2021 AACAP EXECUTIVE COMMITTEE



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**Warren Y.K. Ng, MD, MPH**  
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Chair, Assembly of Regional  
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**Karen D. Wagner, MD, PhD**  
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Amanda Downey, MD



**Fred Seligman, MD, AACAP  
Photographer**

We thank Fred Seligman, MD, for being AACAP's official photographer! Fred's efforts are not only beautifully detailed, but they successfully capture the true essence and wonderful spirit of AACAP!

## MESSAGE FROM THE PRESIDENT



Dear Members and Friends of AACAP,

I am filled with immense pride and admiration as I reflect upon the remarkable years of 2020 and 2021 and the unwavering commitment of our AACAP community. In the face of unprecedented challenges, while the world shut down, we chose to forge ahead and redefine what it means to be resilient, innovative, and united.

In a time when many organizations experienced declines, AACAP's membership continued to soar, defying the odds, and surpassing the 10,000-member milestone in 2021. This achievement speaks volumes about the unwavering trust and confidence our members have in AACAP's mission, vision, and unwavering dedication to the field of child and adolescent

mental health. It is a testament to the tireless efforts of our community, who recognized the value and importance of staying connected and supporting one another, even in the most challenging times.

While the world grappled with uncertainty and setbacks, AACAP's unwavering momentum propelled us forward. Our commitment to growth, innovation, and service never faltered. Through virtual platforms, AACAP continued to provide a rich tapestry of opportunities for education, collaboration, and professional development. Our Virtual Annual Meetings, AACAP SCREENSIDE CHATS, and the successful launch of my presidential initiative on Emotional Dysregulation exemplify our dedication to advancing knowledge and fostering meaningful dialogue within the field.

Moreover, the continued growth of AACAP's membership is a testament to the trust and value our organization holds in the hearts and minds of professionals around the globe. As the world sought solace and guidance during uncertain times, AACAP provided a steadfast community, a supportive network, and a wealth of resources to help navigate the ever-changing landscape of child and adolescent mental health.

The challenges of these years did not deter us; instead, they fueled our

passion and resolve. We transformed adversity into opportunity, adapting to virtual platforms and finding new ways to connect, engage, and inspire. Together, we have shown the world the power of unity, resilience, and a shared commitment to improving the lives of children and adolescents.

As we look toward the future, I am confident that our AACAP community will continue to grow, evolve, and impact the lives of countless individuals. With each member's unique expertise, dedication, and unwavering support, we will continue to be at the forefront of groundbreaking research, innovative practices, and advocacy that drive positive change.

Thank you for being an integral part of AACAP's remarkable journey. Together, we have proven that even in the face of adversity, we not only survived but thrived. Let us continue to stand together, united in our mission, as we create a brighter future for child and adolescent mental health.

With heartfelt appreciation,



**Gabrielle A. Carlson, MD**  
President, AACAP

“In the face of unprecedented challenges, while the world shut down, we chose to forge ahead and redefine what it means to be resilient, innovative, and united.”

## MESSAGE FROM THE EXECUTIVE DIRECTOR & CEO



Dear AACAP Community,

As I reflect on the exceptional years of 2020 and 2021, I am filled with immense pride and gratitude for the strength, resilience, and unwavering commitment displayed by our AACAP family. These extraordinary times called for us to rethink, reimagine, and redefine how we work, and I am in awe of the collective effort and generosity of time from our leadership, membership, staff, and partners that made it possible.

I want to extend my deepest appreciation to our remarkable AACAP leadership for their guidance, vision, and dedication during these challenging times. Your invaluable support and unshakable belief in AACAP's mission have been instrumental in steering us through uncharted waters and fostering our continued growth and success.

At AACAP, we have always been committed to advancing diversity, equity, and inclusion throughout our organization and within the field of child and adolescent psychiatry.

During these past years, we have been at the forefront, fighting and pushing for greater inclusion and diversity. We recognize that true progress requires ongoing effort, and we remain steadfast in our commitment to fostering an environment where every voice is heard, valued, and celebrated.

The heart and soul of AACAP lie within our membership, and I am incredibly grateful for the unwavering support and active engagement of each and every member. Despite the obstacles we faced, our membership numbers continued to surge, exceeding expectations, and surpassing the significant milestone of 10,000 members in 2021. This achievement not only showcases the trust our members place in AACAP but also highlights the collective impact we can achieve when we stand together.

I am delighted to share the resounding success of our first two virtual Annual Meetings. These groundbreaking events brought our community together, transcending geographical boundaries and fostering meaningful connections. The attendance, engagement, and quality of scientific discourse exceeded all expectations, thanks to the dedication and collaborative efforts of our volunteers, speakers, and staff. It is truly inspiring to witness the innovative spirit, constant commitment to advancing knowledge, and the growing diversity of voices in the field of child and adolescent mental health.

Amidst the challenges we faced, I am pleased to report that AACAP remains financially stable and well-positioned for the future. Our commitment to financial transparency and responsible stewardship has ensured that AACAP operates from a place of strength and

integrity. I would like to express my deepest gratitude to our exceptional AACAP staff, whose dedication, adaptability, and hard work have been instrumental in driving our operational success.

Lastly, I want to acknowledge the invaluable support and collaboration of our partners. Their commitment to our shared mission has been vital in advancing our collective impact. Through philanthropic contributions, collaborative research initiatives, and shared advocacy efforts, our partners have played a crucial role in driving positive change in the lives of children and adolescents.

As we move forward, let us build upon the successes of the past and embrace the opportunities that lie ahead. Together, we will continue to push boundaries, foster innovation, and make a lasting impact on the field of child and adolescent mental health. I invite you to delve into this combined Annual Report, which serves as a testament to our collective achievements, the importance of diversity, equity, and inclusion, and the bright future that lies ahead.

With deepest gratitude,



**Heidi B. Ford, CAE**  
Executive Director & CEO, AACAP

# CHILD AND ADOLESCENT PSYCHIATRISTS, PEDIATRICIANS, AND CHILDREN'S HOSPITALS DECLARE NATIONAL EMERGENCY IN CHILDREN'S MENTAL HEALTH

In 2021, AACAP, in partnership with the American Academy of Pediatrics (AAP) and the Children's Hospital Association (CHA), issued an urgent declaration of a National Emergency in Children's Mental Health. Together, these organizations represent more than 77,000 physicians and over 200 children's hospitals across the country, underscoring the magnitude of this shared commitment to addressing the escalating crisis.

AACAP led this effort to spotlight the profound toll that the COVID-19 pandemic has taken on children's mental health. Young people have faced unprecedented challenges, including physical isolation, fear, uncertainty, and loss. Even before the pandemic, mental health concerns among children were already significant; the pandemic only amplified these challenges. The data revealed a stark reality:



AACAP President Gabrielle A. Carlson, MD, emphasized the urgency of this moment: "The ongoing public health emergency has exacerbated already concerning trends. We are seeing rising rates of depression, anxiety, trauma, and suicidality in our youth that will have lasting consequences for families and communities. This is a national emergency, and the time for action is now." The declaration called on policymakers to act decisively, recommending actions such as:

-  Expanding federal funding to improve access to mental health services for all families.
-  Enhancing telemedicine services to increase reach and accessibility.
-  Supporting school-based mental health care models.
-  Integrating mental health services into primary pediatric care.
-  Addressing workforce shortages to ensure children can access care wherever they live.

This initiative also highlighted the disproportionate impact of the crisis on children from communities of color and the inextricable link between mental health and the ongoing struggle for racial justice. Addressing structural inequities and ensuring all children have equitable access to mental health care remain central to AACAP's mission.

By declaring this emergency, AACAP, AAP, and CHA underscored their shared commitment to protecting the mental health and well-being of the nation's youth. This historic collaboration continues to drive meaningful change and advocate for a brighter future for children and adolescents.



# COVID RESOURCES & SPECIAL SECTION

## SCREENSIDE CHATS

In a time when face-to-face interactions were limited, the American Academy of Child and Adolescent Psychiatry (AACAP) rose to the occasion with an innovative solution to keep its members engaged and informed: the creation of AACAP SCREENSIDE CHATS. Spearheaded under the visionary leadership of Gabrielle Carlson, MD, during her presidency, these captivating sessions quickly became a highlight of the organization's virtual events, sparking inspiration and fostering dynamic discussions.

## The introduction of SCREENSIDE CHATS marked a departure from the traditional format,

embracing a more intimate and interactive approach. Dr. Carlson, a trailblazer in the field, recognized the need to provide a platform where experts and attendees could engage in candid conversations and share their expertise on pressing topics in child and adolescent mental health. With her guidance, AACAP transformed the virtual space into a vibrant hub of knowledge exchange.

Under Dr. Carlson's visionary leadership, a remarkable number of chats were organized, covering an array of captivating subjects. These sessions became highly anticipated events, attracting renowned experts who willingly shared their insights and experiences. From the impacts of the COVID-19 pandemic on mental health to the latest advancements in treatment approaches, each chat delved into critical issues, providing attendees with unique perspectives and actionable strategies.

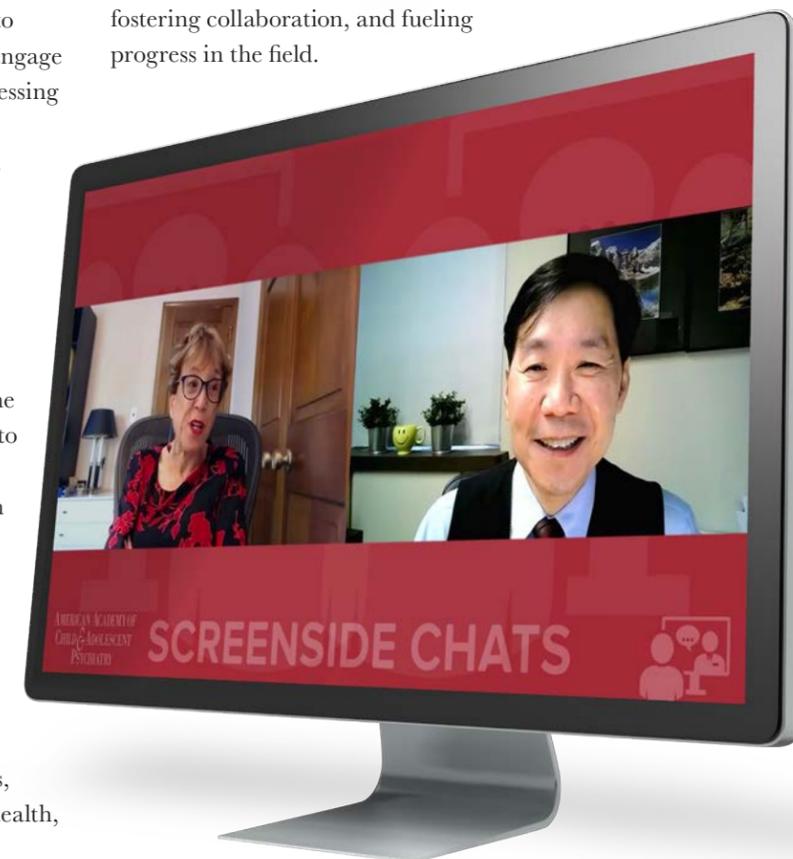
The range of topics covered was both expansive and inclusive. Esteemed professionals from various subspecialties within child and adolescent psychiatry participated, offering diverse viewpoints and enriching discussions. The chats explored subjects such as emerging research trends, evidence-based interventions, cultural competence, the role of technology in mental health, and addressing health disparities.

These engaging and dynamic sessions not only provided

attendees with up-to-date information and clinical insights but also fostered a sense of community and collaboration. AACAP's SCREENSIDE CHATS became a platform where clinicians, researchers, and experts could connect on a personal level, share their successes and challenges, and exchange ideas to advance the field collectively.

Through the virtual format, these discussions were made accessible to a broader community, transcending geographical boundaries, and engaging mental health professionals from around the world. The ripple effect of these engaging conversations reached beyond the virtual space, inspiring further research, driving innovation, and influencing best practices in child and adolescent psychiatry.

AACAP's SCREENSIDE CHATS, born out of necessity during the pandemic, transformed into a beacon of creativity and inspiration. Under Dr. Carlson's visionary leadership, these sessions became a testament to AACAP's commitment to staying connected, informed, and inspired even in the face of unprecedented challenges. The legacy of the SCREENSIDE CHATS will undoubtedly continue to shape the future of child and adolescent mental health, fostering collaboration, and fueling progress in the field.



## COVID-19 RESOURCES

In addition to our pioneering SCREENSIDE CHATS, AACAP proactively responded to the unique challenges posed by the COVID-19 pandemic by providing a wealth of resources to support children, parents, and mental health professionals. Recognizing the critical need for guidance during this unprecedented time, AACAP launched a dedicated section on its website titled “Resources for Helping Kids and Parents Cope Amidst COVID-19.”

This newly established section served as a virtual haven, offering a comprehensive array of evidence-based information, practical tips, and emotional support for families navigating the complexities of the pandemic. With a focus on resilience, AACAP provided resources aimed at helping children and adolescents cope with stress, anxiety, and uncertainty. By addressing the specific needs of parents and caregivers, AACAP empowered them to effectively support their children’s mental health during these challenging times.

Central to AACAP’s COVID-19 response was the creation of the COVID-19 Resource Library, prominently featured on AACAP’s homepage. This centralized hub became a go-to source for professionals seeking the latest research, guidelines, and expert perspectives on managing the mental health impacts of the pandemic. From telepsychiatry best practices to guidance on maintaining continuity

of care, the library was a valuable repository of knowledge, ensuring that mental health professionals had access to the most up-to-date and reliable information.

## AACAP’s response to the pandemic reflected a forward-thinking approach,

embracing the digital landscape to disseminate critical resources. By utilizing the power of their website and online platforms, AACAP ensured that the organization’s impact extended far beyond traditional boundaries. Through positive and empowering language, AACAP inspired hope and provided practical tools to navigate the unique challenges presented by the pandemic.

In this remarkable chapter of AACAP’s history, the combined efforts of the SCREENSIDE CHATS, the dedicated COVID-19 resources, and the COVID-19 Resource Library exemplify the organization’s commitment to being at the forefront of innovation, support,

and advocacy in the field of child and adolescent mental health. By continuing to provide comprehensive resources and fostering a sense of unity within the community, AACAP positioned itself as a trusted source of guidance and inspiration, ultimately making a significant and lasting impact on the well-being of children, families, and professionals during these extraordinary times.

### VIRTUAL FORUMS KEEPING BOTH THE MEMBERSHIP AND SPECIALTY CONNECTED

In addition to the pioneering SCREENSIDE CHATS and the comprehensive COVID-19 resources, AACAP further demonstrated its commitment to advancing knowledge and fostering collaboration through the creation of AACAP Virtual Forums. These forums, defined as dynamic online spaces for education and discussion, served as a vibrant platform for professionals in the field to connect, exchange ideas, and stay abreast of the latest developments in child and adolescent psychiatry.

As AACAP succinctly described on its website and through captivating social media promotions, the Virtual Forums were virtual gatherings that brought together child and adolescent

psychiatrists, researchers, and professionals from across the globe. Through these forums, AACAP aimed to facilitate meaningful discussions, explore innovative treatment approaches, and promote knowledge-sharing in a convenient and accessible online format.

AACAP’s Virtual Forums were meticulously curated to offer a diverse range of educational sessions, scientific symposia, and research presentations. Renowned experts in the field led these engaging discussions, providing valuable insights and practical strategies to address critical issues in child and adolescent mental health. Attendees were encouraged to actively participate, contribute to the dialogue, and network with their peers, fostering a sense of community and collaboration.

The Virtual Forums were designed to transcend the limitations of physical distance and time zones, ensuring that professionals from various corners of the world could connect and benefit from these interactive sessions. Through AACAP’s website and compelling

social media promotions, professionals were invited to join these forums and experience the innovative and inclusive nature of this virtual platform.

AACAP’s Virtual Forums were celebrated as groundbreaking initiatives that embraced the power of technology to overcome the challenges posed by the pandemic. By leveraging the digital landscape, AACAP expanded its reach, enabling professionals to continue their growth, share their expertise, and support one another amidst unprecedented circumstances.

The Virtual Forums not only provided a means for education and collaboration but also fostered a sense of camaraderie and resilience within the child and adolescent psychiatry community. Professionals were empowered to navigate the evolving landscape, adapt to new treatment modalities, and

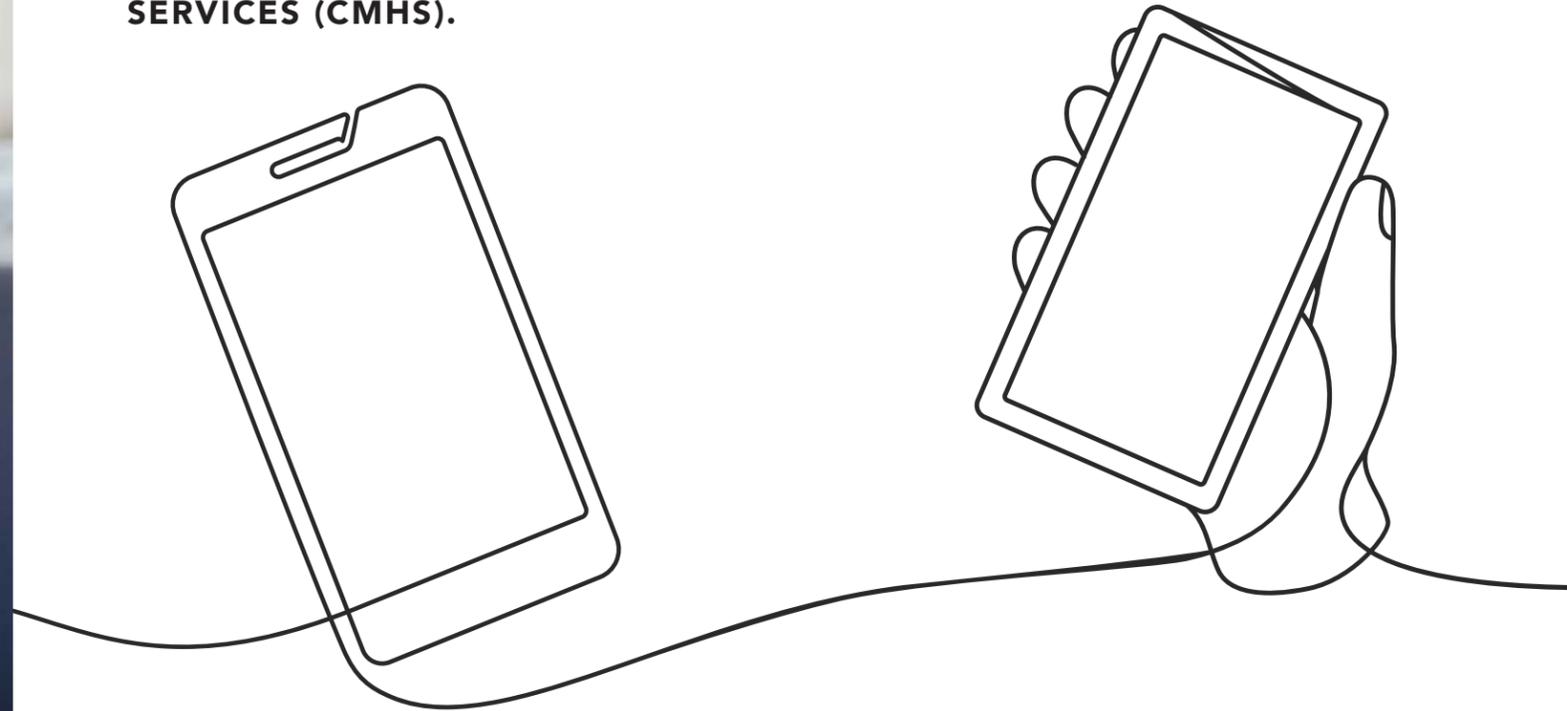
explore novel research directions, all within the supportive framework of AACAP’s Virtual Forums.

Through compelling messaging, AACAP’s website and social media promotions portrayed the Virtual Forums as vibrant spaces where innovation thrived, connections were forged, and the collective pursuit of excellence in child and adolescent psychiatry continued undeterred. By embracing these forums, AACAP positioned itself as a visionary organization that adapts to change and champions progress in the field, ultimately strengthening the impact of its members and the communities they serve.



## ADVOCACY & CLINICAL PRACTICE

**AACAP ONCE AGAIN JOINED WITH THE SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA) TO OFFER CHILD PSYCHIATRY FELLOWS THE OPPORTUNITY TO WORK WITH AACAP'S SYSTEM OF CARE COMMITTEE AND THE CENTER FOR MENTAL HEALTH SERVICES (CMHS).**



THE SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION CENTER FOR MENTAL HEALTH SERVICES (SAMHSA/CMHS) AND AACAP VIRTUAL FELLOWSHIP.

The selected Fellows were involved with research and to improve their writing, evaluation, and presentation abilities. The Fellowship is designed to inspire the selected individuals with a desire to become leaders in children's mental health service systems and to encourage the Fellows to pursue careers in public sector child mental health services.

For 2020, the fellows are Afifa Adiba, MD—Yale Child Study Center; Stephanie M. Fosbenner, MD—Cambridge Health Alliance; Tricia

Lemelle, MD, MBA—Georgetown University Hospital.

### CLINICAL PRACTICE GUIDELINES AND CLINICAL UPDATE SERIES DOCUMENTS

In 2020, AACAP published a new Clinical Practice Guideline on the Assessment and Treatment of Children and Adolescents with Anxiety Disorders. Additional Clinical Practice Guidelines addressing depression and substance use disorders are under development by the CQI.

Clinical Practice Guidelines, authored by AACAP's Committee on Quality Issues (CQI), are intended to address the assessment and treatment of child and adolescent psychiatric disorders. Guideline treatment statements are



based upon critical systematic literature reviews contracted to Evidence-based Practice Centers by the US Department of Health and Human Services Agency for Healthcare Research and Quality.

**DISTINGUISHED MEMBER AND ACADEMIC PAPER AWARDS**  
AACAP NORBERT AND CHARLOTTE RIEGER PSYCHODYNAMIC PSYCHOTHERAPY AWARD  
2020 Recipient: **Gilbert W. Kliman, MD**  
*Honors Presentation:* “Regularity of IQ Rise With an Interpersonal Preschool

Treatment: 81 Treated Preschoolers vs. 63 Comparison and Controls”  
AACAP NORBERT AND CHARLOTTE RIEGER SERVICE PROGRAM AWARD FOR EXCELLENCE  
2020 Recipient: **Linmarie Sikich, MD**  
*Honors Presentation:* “Building Programs That Increase Access to Mental Health Care for Children and Youth, While Expanding the Evidence Base to Enhance Access and Improve Diagnosis and Treatment.”  
AACAP JEANNE SPURLOCK, MD,

LECTURE AND AWARD ON DIVERSITY AND CULTURE  
2020 Recipient: **Tami D. Benton, MD**  
*Honors Presentation:* “Addressing Racism and Disparities in Child and Adolescent Psychiatry: Diversifying Leadership for the Workforce.”  
2021 Recipient: **Patrice A. Harris, MD, MA**  
*Honors Presentation:* “Leadership in Times of Crisis and Beyond”  
AACAP SIMON WILE, MD, LEADERSHIP IN CONSULTATION AWARD

2020 Recipient: **Robert J. Hilt, MD**  
*Honors Presentation:* “Exploring New Horizons in Community Consultation Psychiatry”  
2021 Recipient: **David L. Kaye, MD**  
*Honors Presentation:* “Child Psychiatry and Pediatrics as BFFs: Why Pediatric Primary Care is Foundational in Addressing the Mental Health Needs of Children and Adolescents”  
AACAP GEORGE TARJAN, MD, AWARD FOR CONTRIBUTIONS IN DEVELOPMENTAL DISABILITIES

2020 Recipient: **Susan Folstein, MD**  
*Honors Presentation:* “The Story of the First Twin Study of Autism Spectrum Disorder”  
2021 Recipient: **Janet E. Lainhart, MD**  
*Honors Presentation:* “The Story of a 17-Year Longitudinal Clinical and Brain Imaging Study of Autism Spectrum Disorder from Childhood into Adulthood”  
AACAP IRVING PHILIPS, MD, AWARD FOR PREVENTION  
2020 Recipient: **Mary-Margaret**

**Gleason, MD**  
*Honors Presentation:* “Setting the Stage for Mental Health: Promoting Early Childhood Mental Health in and Beyond Non-Child Psychiatry Settings”  
2021 Recipient: **Sheila Marcus**  
*Honors presentation:* “Prevention, The Magic of the Early Years”



# WORKFORCE, DEVELOPMENT & RECRUITMENT

## AACAP WORKS TO EDUCATE THE NEXT GENERATION OF CHILD AND ADOLESCENT PSYCHIATRY'S LEADERS BY RECRUITING MORE MEDICAL STUDENTS AND RESIDENTS TO THE SPECIALTY THROUGH FELLOWSHIPS, GRANTS, AND MENTORSHIP PROGRAMS.

### ADDRESSING THE WORKFORCE SHORTAGE

According to the US Census, there were 74 million children living in the United States in 2019. Of those youth, one in 6 aged 6-17 experience a mental health disorder each year. Data from the American Medical Association (AMA) Physician Masterfile indicates there are approximately 10,500 child and adolescent psychiatrists available to serve the needs of the over 15 million children affected by mental illness in the United States. As the population of children under age 18 is expected to grow to 80 million in 2050, there will be an increasing need for mental health services.

To better illustrate this critical workforce shortage, AACAP's Department of Research, Grants & Workforce updates and maintains Workforce Maps. Data from the AMA Masterfile

and the US Census were used to create the maps. The maps illustrate the average number of practicing child and adolescent psychiatrists per 100,000 children, age 0-17, at the state and county level. This resource serves as a helpful tool in educating and engaging policymakers, administrators, families, and providers about the issues affecting the field of child and adolescent psychiatry.

### AACAP'S WORKFORCE MAPS OFFER:

An interactive map illustrating the extreme child and adolescent psychiatry workforce crisis nationwide. Demarcated shortage areas defined by US Census Bureau child population statistics in relation to counts of practicing child and adolescent psychiatrists per county.

Easy-to-read, downloadable state snapshots CAP's Workforce Maps are updated every two years.



**MENTORSHIP**

Given the extreme shortages in our specialty, it is integral to our continued success that we provide trainees with superior mentorship so that they can help close the workforce gaps in child and adolescent psychiatry. AACAP provides ongoing mentorship programming, along with a variety of formal and informal mentorship activities at AACAP’s Annual Meeting.

The Mentorship Network connects medical students, residents, and early career psychiatrists (ECPs) with mentors across the country. As of November 2021, more than 740 medical students, residents, and ECPs signed up for a mentor, and 338 AACAP members volunteered to serve as mentors.

**MSR Virtual Career Development Forum (CDF) Events for 2020 & 2021 included:**

**2020**

Find Your Future in Child Adolescent Psychiatry

Life After Graduation – Becoming an ECP

CAP across the Lifespan

Life Members Virtual Mentorship Program

**2021**

Focus on Global Mental Health

Life Members Virtual Mentorship Program for Medical Students

Virtual Caucus Excellence Through Mentorship Program

**MSR Quarterly Newsletter**

In 2021, the MSR Committee launched a quarterly newsletter for the trainees which serves to highlight opportunities for involvement, professional

development, and leadership growth within the AACAP community as well as with affiliated mental health or health care delivery organizations.

**MSR Peer Mentorship Program**

In 2021, the MSR committee launched the Peer-to-Peer style mentorship program that provides trainees with mentorship on various topics of interest. As of October 2021, 60 pairings were completed for the program, with notable successes including one pairing that resulted in the creation of an away rotation.

**Medical Students, Residents, and Fellows: Meet Life Member Mentors at the AACAP Annual Meeting**

During 2020 and 2021, trainees participated in an informal mentoring and networking with the Life Members, AACAP’s most seasoned and senior

mentor superstars, many of which have served in AACAP leadership roles and also pioneered many of the significant discoveries and developments in child and adolescent psychiatry.

**MSR Virtual Wisdom**

This open virtual brunch session allowed trainees to network with peers and interact with three dynamic child and adolescent psychiatrists, chosen by the trainee community, and representing the mentor clinicians in the early, mid, and senior career stages, who each shared a Ted-like presentation of their professional journey and career paths to leadership in the field, followed by Q&A.

For 2020, guided by the program theme, “Excelsior! Virtual Wisdom for Medical Students and Residents: Advancing Your Career as a Child and Adolescent Psychiatrist,” Rebecca Klisz-Hulbert, MD, Nancy Rappaport, MD, and Andrés S. Martin, MD, MPH shared their experiences in the field.

For 2021, guided by the program theme, “Virtual Wisdom: Finding Our Force in Child and Adolescent Psychiatry,” Robert Accordino, MD, MSc, Howard Y. Liu, MD, MBA and Lloyd Broomes Williamson, MD reflected on their experiences in the field.

**Resiliency in Residency and Beyond**

During 2020 and 2021, wellness programming focused on the theme of vulnerability. Participants learn several techniques for enhancing self-compassion including the ability to identify the deleterious effects of self-criticism/shame, to practice a self-compassion mindfulness exercise, and access to a collection of self-compassion resources for future personal or professional use.

**Resident as Teacher**

The Resident-As-Teacher program is a forum for medical students, resident physicians, child psychiatry fellows, and interested educational faculty to improve their teaching skills through a series of interactive workshops.

During 2020, there was a special emphasis on communicating about youth mental health topics to a public audience in a variety of formats, namely producing informative and commentary writing for periodicals and online outlets, effective use of the interview format to communicate with the public, and engagement with the public via social media.

During 2021, the focus was on training and learning in clinical care settings: inpatient, outpatient, and consultation-liaison setting. Participants discussed frameworks and

practices to facilitate learning in inpatient settings. They gained an understanding of the challenges and opportunities accompanying teaching through outpatient encounters, and they explored how to make the services of consultation-liaison and emergency psychiatry opportunities where one can teach and learn.

**Two-Day Mentorship Program**

More than 150+ trainees were paired with over 70 early to senior child and adolescent psychiatrist mentors to build relationships, share ideas, address challenges, and reflect on work-life balance.

**MEDICAL STUDENT TRAINING** AACAP administers the Klingenstein Third Generation Foundation (KTGF) Medical Student Program (MSP), a coordinated, national network of 14 medical schools that provides medical students with mentorship and clinical experiences in child and adolescent psychiatry through unique and customized programs. All programs emphasize mentorship and offer opportunities for research, advocacy, and other unique experiences. The MSPs also participate in many other important projects including an annual KTGF National Medical Student Conference, special lectures, and networking events with child and adolescent psychiatry leaders.

**PROFESSIONAL DEVELOPMENT OPPORTUNITIES**

Medical students and residents received funding for the following Annual Meeting award opportunities in 2021. The award was not offered in 2020.

**Life Members Mentorship Grants for Medical Students**

AACAP’s Life Members Mentorship Grants for Medical Students are supported by AACAP’s Life Members Fund. The award was not offered in 2020. For 2021, twelve medical students from a broad range of medical colleges successfully completed the award’s mentorship requirements, which included one-on-one mentoring with many senior leaders and Life Members and received a stipend of \$200 for participating in AACAP’s 2021 Virtual Annual Meeting.

**Educational Outreach Program**

In 2021, AACAP’s John E. Schowalter, MD, Fund, Campaign for America’s Kids, and Life Members Fund provided funding support for eight child and adolescent psychiatry fellows who completed the award requirements during AACAP’s 2021 Virtual Annual Meeting through AACAP’s Educational Outreach Program (EOP).



Additionally, AACAP's Campaign for America's Kids, provided support for eight general psychiatry residents who successfully participated in the 2021 meeting. The EOP provided a reimbursable stipend of \$200 for residents, enabling them to tap into innovative career opportunities and a vibrant network by participating in special events for residents at AACAP's 2021 Virtual Annual Meeting.

The EOP is instrumental in integrating residents into the field.

Generally, ninety percent of general psychiatry residents who participate in the program become child and adolescent psychiatrists.

**JOURNAL AWARDS**

AACAP administers journal awards recognizing child and adolescent psychiatrists and AACAP members who have made significant contributions to the specialty through publication in JAACAP. Awardees receive honoraria, are honored at the Distinguished Member Awards Luncheon, and make an honors presentation about their work during AACAP's Annual Meeting.

**AACAP Elaine Schlosser Lewis Award for Research on Attention Deficit Disorder**

The AACAP Elaine Schlosser Lewis Award for Research on Attention Deficit Disorder is given annually for the best paper published in the Journal of the American Academy of Child & Adolescent Psychiatry, written by a child and adolescent psychiatrist. The award was established in 1994 and is supported by the Elaine Schlosser Lewis Fund, a fund named in honor of the late mother of AACAP member Owen Lewis, MD, a special education teacher and child advocate.

2020 Recipient: **Kenneth E. Towbin, MD**

*Honors Presentation:* "Double Blind Randomized Placebo Controlled Trial of Citalopram Adjunctive to Stimulant Medication in Youth with Chronic Severe Irritability"

2021 Recipient: **James G. Waxmonsky, MD**

*Honors Presentation:* "A Randomized Controlled Trial of Interventions for Growth Suppression in Children with Attention-Deficit/ Hyperactivity Disorder Treated with Central Nervous System"

**AACAP Norbert and Charlotte Rieger Award for Scientific Achievement**

The AACAP Norbert and Charlotte Rieger Award for Scientific Achievement recognizes the best paper published in the Journal of the American Academy of Child & Adolescent Psychiatry. Established in 1988, the award is supported by the Norbert and Charlotte Rieger Foundation.

2020 Recipient: **James F. Leckman, MD, PhD**

*Presentation:* "Effects of the Mother Child Education Program on Parenting Stress and Disciplinary Practices Among Refugee and Other Marginalized Communities in Lebanon: A Pilot Randomized Controlled Trial"

2021 Recipient: **Joan Luby, MD**

*Honors Presentation:* "The Differential Contribution of the Components of Parent-Child Interaction Therapy Emotion Development for Treatment of Preschool Depression"

**Klingenstein Third Generation Foundation Award for Research in Depression or Suicide**

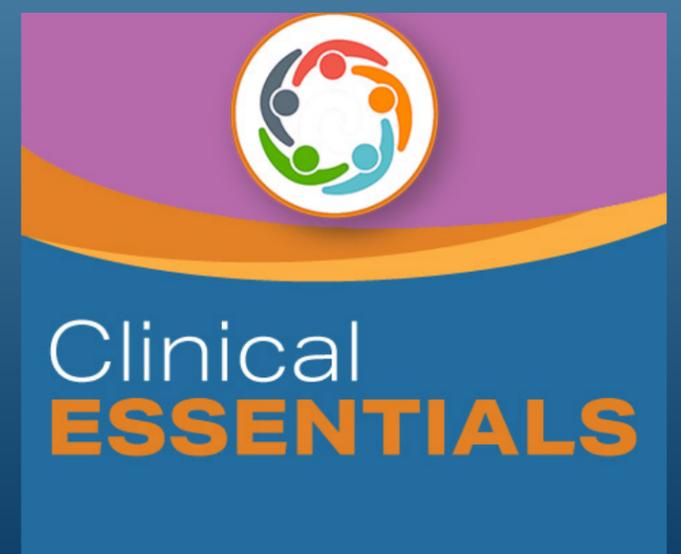
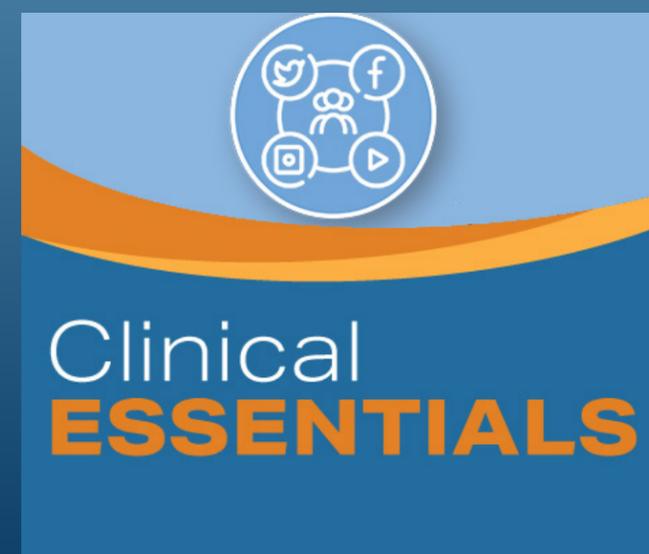
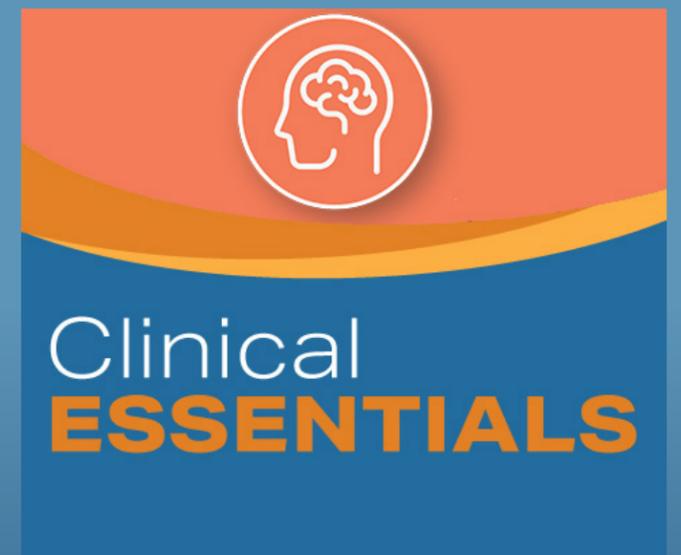
The Klingenstein Third Generation Foundation Award for Research in Depression or Suicide recognizes the best paper published in the Journal of the American Academy of Child & Adolescent Psychiatry on depression and/or suicide, written by a child and adolescent psychiatrist. The award is supported by the Klingenstein Third Generation Foundation, which established this award in 1999.

2020 Recipient: **John V. Campo, MD**

*Honors Presentation:* Association Between the Release of Netflix's 13 Reasons Why and Suicide Rates in the United States: An Interrupted Time Series Analysis

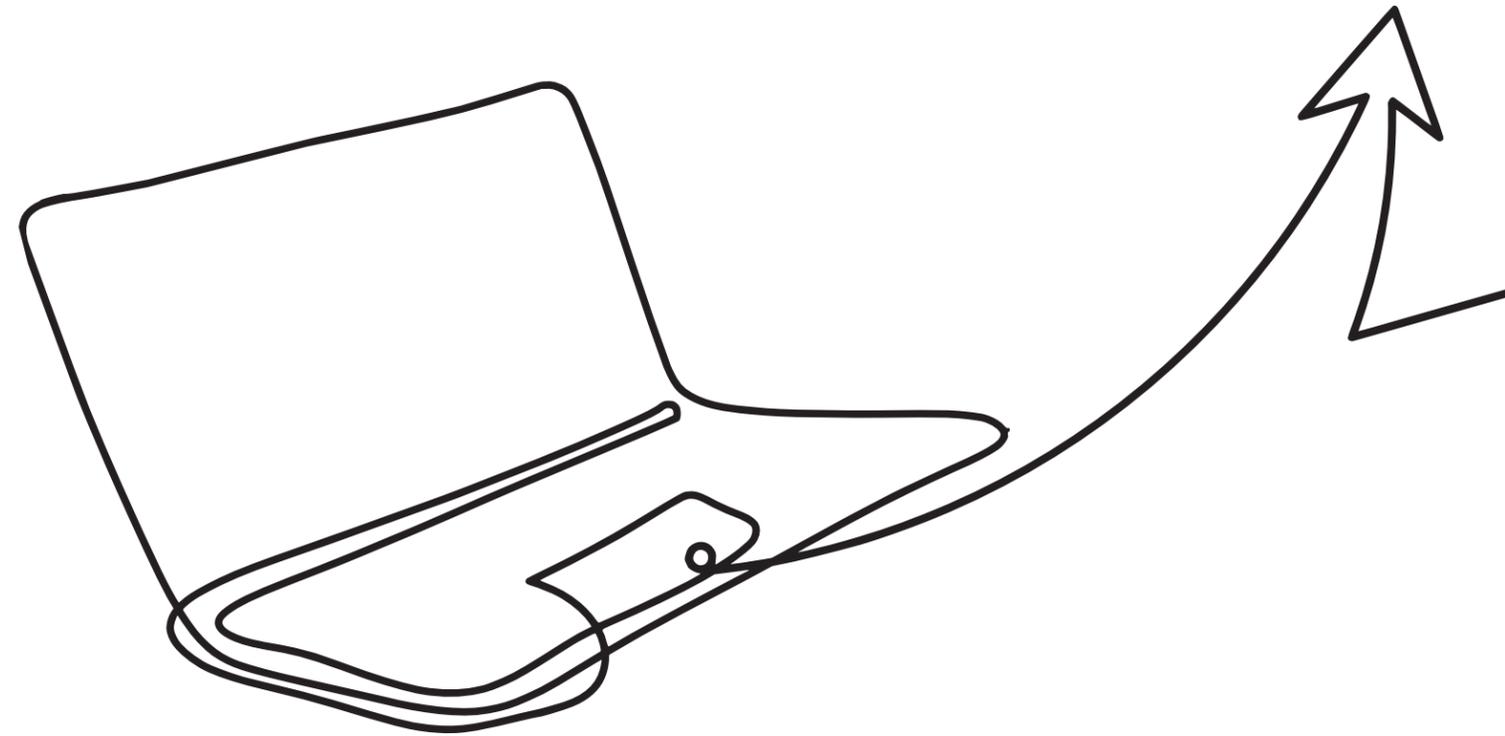
2021 Recipient: **David A. Brent, MD**

*Honors Presentation:* Brief Behavioral Therapy for Pediatric Anxiety and Depression in Primary Care: A Follow-up





# RESEARCH



## **AACAP PROMOTES AND SUPPORTS THE DEVELOPMENT OF EARLY CAREER PSYCHIATRISTS THROUGH PUBLICIZED RESEARCH AND TRAINING OPPORTUNITIES AND SPONSORED INITIATIVES.**

We fulfill the needs of child and adolescent psychiatrists by publishing peer-reviewed research, curricula, and recruitment materials; holding scientific meetings and offering fellowships and awards to encourage scientific excellence.

These opportunities were created for medical students, general psychiatry residents, child and adolescent psychiatry fellows, and junior faculty interested in establishing careers in research. AACAP relies on federal as well as contributions from the membership to make these awards possible.

Past funding for AACAP's research award programs included support from

a host of industry supporters. Funders in 2020 included Arbor Pharmaceuticals, LLC., Sunovion Pharmaceuticals, Inc., and Supernus Pharmaceuticals, Inc. Funders in 2021 included Sunovion Pharmaceuticals, Inc. and Supernus Pharmaceuticals, Inc.

### **MARILYN BENOIT CHILD MALTREATMENT MENTORSHIP AWARD**

The AACAP Marilyn B. Benoit, MD, Child Maltreatment Mentorship Award was made possible by a generous donation from Lisa Yang, MBA in honor of past AACAP president, Marilyn B. Benoit, MD. This award provides an opportunity for recipients and mentors to design a project over 12–16 weeks focusing on child welfare, foster care, and/or child maltreatment in order to

## RESEARCH

raise awareness, recognize leaders, and create a community of knowledgeable teachers who will become leaders in these fields.

2020 Recipient: Mitch Otu, MD, MBA

Project: “Healthy Families, Healthy Children: Supporting a System of Care for Families with Children Affected by Maltreatment”

2021 Recipient: Joshua Russell, MD

Project: “Strengthening the Front Lines: A Child Welfare Program for Families and Multidisciplinary Professionals”

THE LEATHERMAN-RITVO ENDOWMENT FUND FOR THE ADVANCEMENT OF PSYCHODYNAMIC UNDERSTANDING AND PSYCHODYNAMICALLY INFORMED CHILD THERAPIES

The Leatherman-Ritvo Endowment Fund for the Advancement of Psychodynamic Understanding and Psychodynamically Informed Child Therapies was established thanks to a generous \$250,000 joint gift from Dr. Edward Leatherman and the Samuel and Lucille B. Ritvo Charitable Fund. This new endowment honors Martin Drell, MD, Samuel Ritvo, MD, and Lucille B. Ritvo, PhD and aims to preserve and promote psychodynamic understanding and psychodynamically informed therapies in child and adolescent psychiatry through modalities such as training, research, economic analysis, or professional development, among others. The Fund will be used to create and support educational resources as needed by training programs such as online courses and other curricular materials; mentorship and training in supervision; and highlighting best practices in psychodynamic psychotherapy in child and adolescent psychiatry. The fund will be administered

by AACAP’s Psychotherapy Committee and guided by a Steering Committee chaired by Dr. Martin Drell.

### PSYCHODYNAMIC FACULTY INITIATIVE (SYFY) MENTORSHIP AWARD

Previously known as AACAP’s Psychodynamic Faculty Training and Mentorship Initiative, AACAP’s PsyFI Mentorship Award is supported by a generous donation from the Samuel and Lucille B. Ritvo Charitable Fund. The program aims to enhance psychotherapy teaching and training in child and adolescent psychiatry residency programs, and to provide participants with access to a network of psychodynamic child and adolescent psychiatry leaders.

For 2020, under the guidance of an AACAP mentor, five recipients of this faculty award worked on designing a

psychodynamic training project to complete in their division. The experience included participation in a project planning session with their mentor, and attendance at networking events during AACAP’s 2020 Virtual Annual Meeting.

The 2020-21 recipients, mentors and their project titles are:

#### **Kathleen T. Baynes, MD**

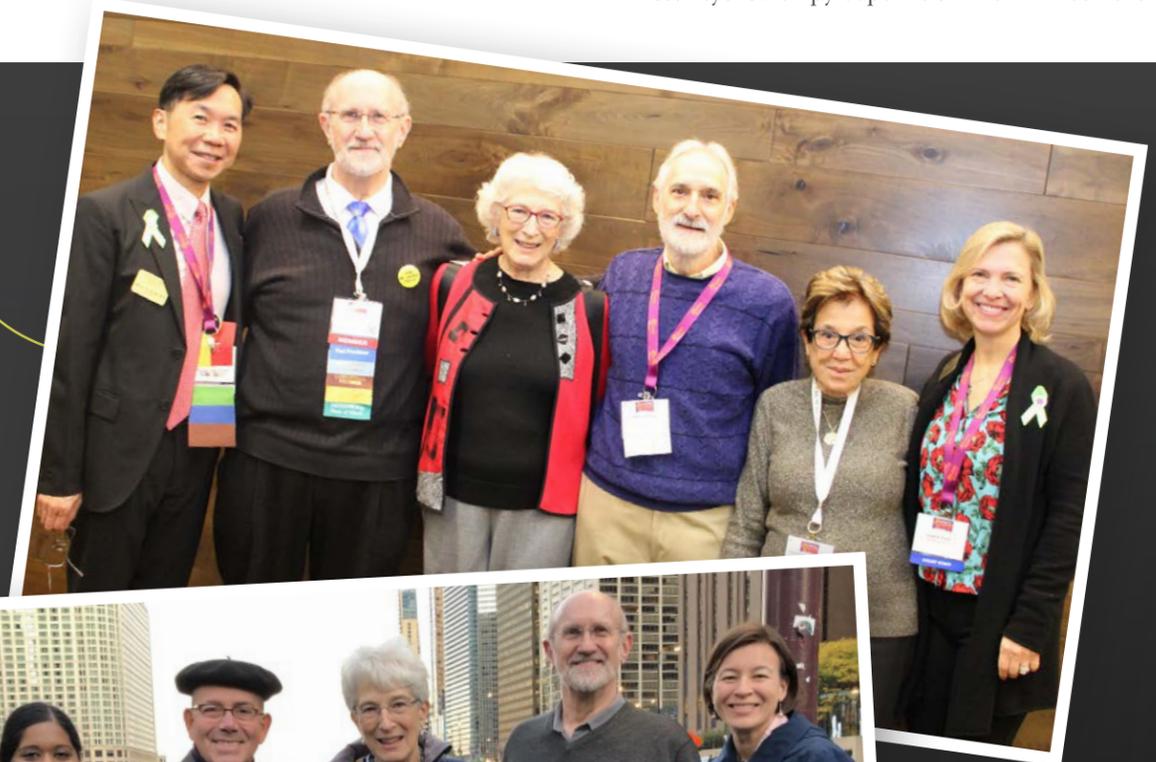
University of Rochester Medical Center

Mentor: Timothy Rice, MD, Icahn School of Medicine at Mount Sinai

*Mentorship:* Creating a Semi-structured Curriculum for Faculty Development that Enhances Psychotherapy Supervision and Trainee Teaching

*Project Title:* Inspired Supervision and *and Mentorship:* Creating a Semi-structured Curriculum for Faculty Development that Enhances Psychotherapy Supervision and Trainee Teaching

**AACAP is honored** to recognize Dr. Edward Leatherman and the Samuel and Lucille B. Ritvo Charitable Fund for a significant gift of \$250,000 to AACAP to establish The Leatherman-Ritvo Endowment Fund for the Advancement of Psychodynamic Understanding and Psychodynamically Informed Child Therapies in honor of Dr. Marty Drell, and Drs. Samuel and Lucille Ritvo. The Leatherman-Ritvo Fund’s goals include offering support and mentorship to grow the practice of psychodynamic psychotherapy. The Fund will be used to help child and adolescent psychiatry training programs create and implement educational resources such as training in supervision, online courses, and a variety curricular materials. Other Fund activities will include the identification and dissemination of best practices in psychodynamic psychotherapy. The Fund’s activities are overseen by AACAP’s Psychotherapy Committee. We remain grateful to Rachel Ritvo, MD for her vision and generosity in establishing AACAP’s Psychodynamic Faculty Initiative (PsyFi) in 2018. Since its inception, PsyFi has successfully convened a day-long meeting during the AACAP Annual Meeting and regular check ins with a strong and growing network of faculty who teach or have interest in psychodynamic therapy and theory.



**Shan Gao, MD, PhD**

Western Psychiatric Hospital—  
University of Pittsburgh Medical Center  
*Mentor:* Roberta Isberg, MD, Boston  
Children's Hospital

*Project Title:* Working with Emotions  
through a Psychodynamic Framework

**Julianne Giust, MD**

Indiana University School of Medicine  
*Mentor:* Craigan Todd Usher, MD,  
Oregon Health & Science University

*Project Title:* Identifying as Psychotherapist

**Burgundy Johnson, DO**

University of Iowa Hospitals & Clinics  
*Mentor:* Ted Gaensbauer, MD, University  
of Colorado Health Sciences Center

*Project Title:* Practical Applications of  
Attachment Theory - A Lecture Series  
About Utilizing Relationships in Child  
Psychiatry

**Jessica A. Merritt, MD**

Vanderbilt University Medical Center  
*Mentor:* Efrin Bleiberg, MD, Baylor  
College of Medicine

*Project Title:* Initiating A Psychodynamic  
Training Curriculum Through Didactics  
and Practice

For 2021, under the guidance of an  
AACAP mentor, six recipients of this  
faculty award worked on designing  
a psychodynamic training project  
to complete in their division. The  
experience included participation in

a project planning session with their  
mentor, and attendance at networking  
events during AACAP's 2020 Virtual  
Annual Meeting. The 2021-22  
recipients, mentors and their project  
titles are:

**Jawed M. Bharwani, MD**

Creighton University

*Mentor:* Magdalena Romanowicz, MD  
Mayo Clinic

*Project Title:* Remember to Play:  
Developing a Play Therapy Curriculum  
for a Child Psychiatry Training Program

**Sarah Flynn, MD**

University of South Dakota

*Mentor:* Ayame Takahashi, MD,  
Southern Illinois University

*Project Title:* Psychodynamic Lecture  
Series for Child and Adolescent  
Psychiatry Residents

**Priya M. Punnoose, MD**

Children's National Health System/  
George Washington University School of  
Medicine

*Mentor:* John P. Glazer, MD, Boston  
Children's Hospital  
*Project Title:* Implementation of  
Psychodynamics on Inpatient Child and  
Adolescent Psychiatric Units

**Meghan M. Schott, DO**

Children's National Health System/  
George Washington University  
School of Medicine

*Mentor:* Arden D. Dingle, MD, University  
of Nevada Reno

*Project Title:* Improving knowledge of  
Psychodynamic Theories in a Stepwise  
Approach to Medical Students,  
Attendings, and Fellows

**Malak S. Rafla, MD**

Cambridge Health Alliance/Harvard  
Medical School

*Mentor:* Dorothy E. Stubbe, MD, Yale  
Child Study Center

*Project Title:* Developing a Culturally  
and Racially Informed Psychodynamic  
Psychotherapy Training Program

**Sarah D. Sicher, MD**

Los Angeles County (LAC) and  
University of Southern California (USC)  
Medical Center/Keck School of Medicine

*Mentor:* Mali A. Mann, MD Stanford  
University

*Project Title:* Further Development of  
Psychodynamic Psychotherapy training  
for CAP fellows at USC/LAC

**JUNIOR INVESTIGATOR AWARD**

AACAP's Junior Investigator Award,  
supported by AACAP internal funding  
mechanisms and industry supporters,  
provides up to \$30,000 a year for two  
years of research support to child and  
adolescent psychiatry junior faculty  
for basic or clinical research relevant  
to our understanding, treatment, and  
prevention of child and adolescent  
mental health disorders. AACAP's 2020  
Junior Investigator Award was partially  
funded by Arbor Pharmaceuticals,  
LLC., Sunovion Pharmaceuticals,

Inc., and Supernus Pharmaceuticals, Inc. AACAP's 2021  
Junior Investigator Award was partially funded by Sunovion  
Pharmaceuticals, Inc. and Supernus Pharmaceuticals, Inc.

2020 Recipient: **Jennifer Dwyer, MD, PhD**

*Project Title:* Ketamine for severe adolescent depression:  
intermediate-term safety and efficacy

2021 Recipient: **Jessica M. Becker, MD**

*Project Title:* Development of a Novel Mathematical Simulation  
Model of Pediatric Mental Illness and Applications to Assess  
Expanded Mental Health Coverage for the General Population  
and Children with Chronic Medical Illness

2020 Recipient: **William T. Baumel, BA**

*Project:* "Behavioral Inhibition's Effect on Emotional Processing  
in Adolescents with Generalized Anxiety Disorder"

2020 Recipient: **Madeline J. DiGiovanni, BS**

*Project:* "Pivoting in the Pandemic: A Qualitative Study of Child  
and Adolescent Psychiatrists in the Times of COVID-19."

2020 Recipient: **Natasha Greene, BA**

*Project:* "Selective Overexpression of EAAT3 in Midbrain  
Dopamine Neurons Leads to Increased OCD-like Behavior"

2020 Recipient: **Carly Kawanishi, BS**

## AACAP Pilot Research Awards for General Psychiatry Residents

**MEDICAL STUDENT SUMMER FELLOWSHIPS**

The AACAP Summer Medical Student Fellowships,  
supported by AACAP's Campaign for America's Kids, offer an  
opportunity for medical students to explore a career in child  
and adolescent psychiatry, gain valuable work experience, and  
meet leaders in the field of child and adolescent psychiatry.  
The fellowship opportunity provides up to \$3,500 for 12 weeks  
of clinical or research training under a child and adolescent  
psychiatrist mentor. The fellowships are administered through  
AACAP's Department of Research, Grants, and Workforce,  
AACAP's Training and Education Committee, under the  
direction of Sansea L. Jacobson, MD, and A. Lee Lewis, MD,  
along with AACAP's Committee on Medical Students and  
Residents, under the direction of Amanda Downey, MD, and  
Alissa Hemke, MD.

*Project:* "Comparison of Implicit and Explicit Measures  
of Psychiatric Symptoms after Ketamine Treatment in  
Adolescents with Major Depressive Disorder"

2020 Recipient: **Grace S. Kim, PhD**

*Project:* "Gender-Specific Effects of Coping Strategies and Social  
Support on Behavioral Profiles of Anxiety Treatment-Seeking  
Youth"

2020 Recipient: **Robin E. Landy, BS**

*Project:* "Child Psychiatry Consultation Clinic for Primary Care  
Pediatricians: Long Term Outcomes"

2020 Recipient: **Mollie C. Marr, BFA**

*Project:* "Parental Adverse Childhood Experiences and  
Offspring Development at 30 Months of Age"

**AACAP's Pilot Research Awards provide general psychiatry residents, child and adolescent psychiatry residents, fellows, and junior faculty with up to \$15,000 for one year of support for research on child and adolescent mental health.**

## RESEARCH

2020 Recipient: **Madhankumar Saiprasad, BA**

*Project:* “Evaluation and Optimization of the Resource Parent Curriculum: Identifying Important Gaps in Caregiver Trauma Education”

2020 Recipient: **Aria D. Vitale, BA**

*Project:* “Representation of Reward Environment in the Adolescent Brain: A Magnetoencephalography Study”

2020 Recipient: **Jim Zhang, BA**

*Project:* “Mobile Health for Adolescents with Socially Complex Needs: Assessing User Needs for Adolescents on the West Side of Chicago”

2021 Recipient: **Caroline J. Brumley, BS**

*Project:* “Sensory Processing Profiles and Response to Cognitive Training in Autism Spectrum Disorder”

2021 Recipient: **Yang Cai, BS, MEd**

*Project:* “The Impact of Psychiatric Comorbidities in Transition of Care for Adolescents with Epilepsy”

2021 Recipient:

**Vincent J. Cali, BA, Med**

*Project:* “The Role of Peripheral Inflammation and Striatal Glutathione (GSH) as Predictors for Depression in Adolescents”

2021 Recipient: **Gregory Chen, BS**

*Project:* “Exploring Stimulant-Induced Raynaud’s Phenomenon: A Review of Literature”

2021 Recipient:

**Zachary J. Friedrich, BS**

2021 Recipient: **Hallie Geller, BA**

*Project:* “Motor Development in Infants and Toddlers at High or Low Risk of ADHD”

2021 Recipient: **Michael Jayson, BS**

*Project:* “Motor Development in Infants and Toddlers at High or Low Risk of ADHD”

2021 Recipient:

**Jacqueline Lawson, BA**

*Project:* “Assessing the Effect of Youth Involvement in Adverse Event Reporting during a Clinical Trial of Cannabidiol for Autistic Youth with Complex Verbal Language”

2021 Recipient: **Margot R. Lurie, BS**

*Project:* “Presentation of Patients with Eating Disorders to the Boston Children’s Hospital Emergency Department During COVID-19 Pandemic”

2021 Recipient:

**Juliette L. Romeus, BS**

*Project:* “Metabolic Syndrome in Children Diagnosed with Autism on Antipsychotic Medication: Prevalence, Project: “Brain Network Correlates of Inter-individual Variability in Preschoolers with Autism Monitoring, and Nutritional Guidance”

**JEANNE SPURLOCK, MD, MINORITY MEDICAL STUDENT FELLOWSHIPS**

The AACAP Jeanne Spurlock, MD, Medical Student Research Fellowship in Substance Abuse and Addiction, supported by the National Institute on Drug Abuse (NIDA), is named in honor of Jeanne Spurlock, MD, in recognition of her lifetime of opening doors for colleagues from diverse backgrounds and fostering career advances. The summer fellowships encourage outstanding minority students to pursue careers in substance abuse and addiction research in child and adolescent psychiatry. The fellowships are administered through AACAP’s Department of Research, Grants, and Workforce, AACAP’s Substance Use Committee, under the direction of Garrett Sparks, MD, and Amy Yule, MD, along with AACAP’s Diversity and Culture Committee, under the direction of Cheryl Al-Mateen, MD, and Lisa Cullins, MD.

2020 Recipient: **Sreevidhya “Vidhya” Balasubramanian, BS, BA**

*Project:* “Feasibility of Substance Use Disorder Screening Using CRAFFT and Referral in an Inpatient Adolescent Psychiatry Unit”

2020 Recipient:

**Bianca O. Obinyan, BS**

*Project:* “Examining the Role of Race on Substance Use in Maltreated Youth”

2021 Recipient:

**Ashley E. Cantu-Weinstein, BA**

*Project:* “Bridging the Gap between Healthcare and High School: A Qualitative Study on Teacher Support for Adolescents Experiencing Parental Substance Abuse”

2021 Recipient: **Joanne Ha, BA**

*Project:* “Examination of the Location of Health Care Utilization Among Adolescents with Substance Use Disorders”

2021 Recipient: **Shahrzad Hassanbeigi Daryani, BA**

*Project:* “A Descriptive Report on Internet Access Points from Smartphones of Youth Experiencing Homelessness”

2021 Recipient: **Dona A. Kiriella, BS**

*Project:* “A Descriptive Report on Geospatial Locations from Smartphones of Youth Experiencing Homelessness”

2021 Recipient:

**Emonii Robinson, BA**

*Project:* “Avoidance Symptoms and Social Relationships in Youth with Substance Use Disorders and Trauma Exposure.”

**BEATRIX A. HAMBURG, MD, AWARD FOR THE BEST NEW RESEARCH POSTER BY A CHILD AND ADOLESCENT PSYCHIATRY**  
The AACAP Beatrix Hamburg, MD, Award is presented each year for the best new research poster by a child and adolescent psychiatry resident. The award recipients are:

2020 Recipient:

**Tapan Parikh, MD, MPH**

*Poster Title:* Effect of Duloxetine on Body Weight in Children and Adolescents: A Meta-Analysis of Randomized Placebo Controlled Trials

2021 Recipient: **Tea Rosic, MD**

*Poster Title:* Youth Receiving Opioid Agonist Treatment: Exploring Differences and Similarities to Adult Patients in a Canadian Study

**NIDA-AACAP RESIDENT TRAINING AWARD IN SUBSTANCE USE DISORDERS, SUPPORTED BY THE NATIONAL INSTITUTE ON DRUG ABUSE (NIDA)**

Training Award in Substance Use Disorders provides up to \$10,000 in project support to two awardees, in addition to a mentor stipend of up to \$2,000. This award aims to encourage general and child and adolescent psychiatry residents to pursue careers in the field of child and adolescent substance use and/or addiction treatment. The award recipients were:

2020 Recipient: **Aditya Sareen, MD**

*Project:* Management, Awareness and Recognition of Cannabis Use Disorder in Children and Adolescents among Psychiatry Residents, Child and Adolescent Psychiatry Fellows (MARCUS-CAP study)

2020 Recipient: **Pooja R. Sarkar, DO**  
*Project:* Recognizing risk factors for adolescent substance use and integrating evidence-based screening: an implementation project for trainees and providers

2021 Recipient:

**Timothy D. Becker, MD**

*Project:* Assessment and treatment of adolescents with comorbid substance use and depression, ADHD, and trauma-related disorders

2021 Recipient: **Young Jo, MD**

*Project:* Providing training of school staff to recognize, screen and offer brief interventions for adolescents with substance use disorders

**PILOT RESEARCH AWARDS**

AACAP’s Pilot Research Awards are supported by both internal AACAP funding mechanisms and industry supporters. AACAP’s Pilot Research Awards provide general psychiatry residents, child and adolescent psychiatry fellows, and early career faculty with up to \$15,000 for one year of support for research on child and adolescent mental health. Pilot Research Award recipients present their research in the form of a poster at AACAP’s Annual Meeting in the succeeding year after receiving their award. AACAP’s 2020 Pilot Research Award for General Psychiatry Residents was funded by Arbor Pharmaceuticals, LLC., Sunovion Pharmaceuticals, Inc., and Supernus Pharmaceuticals, Inc. AACAP’s 2021 Pilot Research Award for General Psychiatry Residents was funded by Sunovion Pharmaceuticals, Inc. and Supernus Pharmaceuticals, Inc.

**AACAP PILOT RESEARCH AWARD FOR GENERAL PSYCHIATRY RESIDENTS, SUPPORTED BY INDUSTRY SUPPORTERS**

2020 Recipient: **Alexandra L. Bey, MD, PhD**  
*Project:* Identifying Networks Underlying Sleep Disruption in Autism Spectrum Disorder Mouse Models

**AACAP PILOT RESEARCH AWARDS FOR JUNIOR FACULTY AND CHILD AND ADOLESCENT PSYCHIATRY FELLOWS, SUPPORTED BY AACAP**

2020 Recipient:

**Shinnyi Chou, MD, PhD**

*Project:* Cell-Type-Specific Type 1 Cannabinoid Receptor Distribution Across the Human and Nonhuman Primate Cortex

2020 Recipient:

**Jacqueline Clauss, MD, PhD**

*Project:* A Randomized Controlled Trial of a Community-Based Adolescent Resilience Training Program

2020 Recipient:

**Gaby J. Ritfeld, MD, PhD**

*Project:* Neurobehavioral and Physical Health Outcomes in Offspring of Individuals with Fetal Alcohol Spectrum Disorders

2020 Recipient:

**Kunmi Sobowale, MD**

*Project:* Examining Effects of Perinatal Depressive Symptoms on Maternal-child Interaction Using Audio Recording

2020 Recipient: **Emily A. Troyer, MD**

*Project:* Immunoglobulin Profiles in Pediatric Obsessive-Compulsive Disorder

2021 Recipient: **Ankit Chalia, MD**

*Project:* Examine the Impact of Cannabis Use Disorders on Risk of Inpatient Psychiatric Hospitalization And 90-day Rehospitalization Related to Suicidal Thoughts and Behaviors Among U.S. Adolescent and Young Adults with Mood Disorders

## RESEARCH

2021 Recipient: **Alissa D. Hemke, MD**

*Project:* Extending Evidence-Based Treatments in Rural Communities

2021 Recipient: **Amandeep Jutla, MD**

*Project:* Harnessing Insights from a Rare Genetic Variant to Understand Psychosis in Autism

2021 Recipient:

**Jelena G. MacLeod, MD, MHS**

*Project:* Harnessing electronic medical record data to examine

*Project:* Exposure to exogenous cannabinoids in prenatal periods and early childhood: Importance of identifying critical windows for brain influences

2021 Recipient: **Robyn P. Thom, MD**

*Project:* Effect of Childhood Attention-Deficit/Hyperactivity Disorder on Substance Use Disorder Risk in Adolescents with Autism Spectrum Disorder

### PHYSICIAN SCIENTIST PROGRAM IN SUBSTANCE ABUSE “THE K12”

AACAP collaborates with the National Institute on Drug Abuse (NIDA) to produce new child and adolescent psychiatry researchers in the substance use and addiction field, through a Career Development (K12) Award supported by the National Institutes of Health (NIH). Since its inception in 1998, this successful program has produced 24 child and adolescent psychiatry researchers.

AACAP’s Physician Scientist Program in Substance Use, supported by NIDA, seeks to increase the number of child and adolescent psychiatrists with independently funded substance use research careers, expand clinical and research training in child and adolescent substance use in trainees’ home and academic institutions, and create a sustainable infrastructure and national network of mentors and academic research institutions to support substance use research training.

The NIDA-AACAP K12 grant has been highlighted as a model grant for assisting early career faculty in developing independent research careers. The grant of over \$7 million, awarded over five years, provides research and salary support as well as mentoring for child and adolescent psychiatrists with a commitment to becoming independent researchers.

**Kevin Gray, MD**, serves as the Principal Investigator and **Catherine Martin, MD**, serves as the Chair of the program’s Advisory Committee, which consists of prominent researchers in substance use disorders and/or child and adolescent psychiatry.

In May 2020, AACAP received the fifth five-year competing renewal (2020-2025) of the NIDA-AACAP K12. In August 2021, AACAP received a supplemental award from the National Institute on Alcohol Abuse and Alcoholism (NIAAA) to expand the fifth cohort from six to include eight scholars.

In 2021, the Annual K12 Retreat was held virtually. NIDA-AACAP scholars convened with their mentors, Dr. Gray, and K12 Advisory Committee members. The retreat program is specifically designed to develop core competencies and skills

necessary to scholars’ successful academic career development. The current NIDA-AACAP K12 scholars, listed below, have demonstrated remarkable progress and academic achievement at this early stage of their careers.

**Colin Burke, MD**

*Project:* Toward Enhancing Resiliency: The Role of Stress in Cannabis Use Disorder Among Homeless Transitional Age Youth

**Jesse Hinckley, MD, PhD**

*Project:* Characterization of Biomarkers of Regular Cannabis Use in Adolescence

**Aviva Olsavsky, MD**

*Project:* Maternal Brain on Cannabis: Implications for Mother-Infant Relationships

**Natalia Ramos, MD, MPH**

*Project:* Family-Focused Therapy for Transgender and Gender Diverse Youth at Risk of Substance Use and Co-occurring Mood Disorders

**David Saunders, MD, PhD**

*Project:* Mindfulness-Based Substance Use Prevention (Mind-UP) Program Feasibility, Neural Mechanisms, and Preliminary Efficacy

**Kevin Simon, MD**

*Project:* Family-based Intervention to Improve Justice-Involved Adolescent Psychiatric and Substance Use Service Engagement and Retention

**Ryan Sultan, MD**

*Project:* Natural Language Processing of Electronic Health Records to characterize ADHD Youth who use Electronic Nicotine Device Systems

**Carol Vidal, MD, MPH**

*Project:* Short-term and residual effects of cannabis use on adolescents’ affect and suicidal ideation using Ecological Momentary Assessment

### KLINGENSTEIN THIRD GENERATION

In October 2010, AACAP began administering the KTGF Medical Student Program, a coordinated, national network of medical schools that exposes medical students to clinical experiences in child and adolescent psychiatry through unique and customized programs. The current KTGF Medical Student Program sites include:

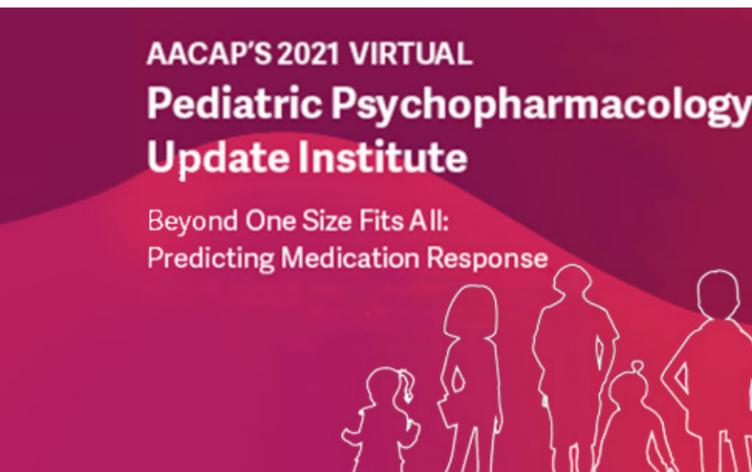
- Brown University
- Harvard University
- Icahn School of Medicine at Mount Sinai
- Mayo Medical School
- Stanford University
- Tulane University
- University of California, Davis
- University of California, Los Angeles
- University of Illinois at Chicago
- University of Iowa
- University of North Carolina, Chapel Hill
- University of Vermont
- Washington University in St. Louis
- Yale University

The KTGF Medical Student Program not only encourages medical students in participating programs to pursue a career in child and adolescent psychiatry but also increases AACAP’s knowledge of medical students selecting other medical specialties related to children’s health. Evaluation efforts have indicated that the KTGF Medical Student Program is effective in both increasing an understanding of child and adolescent psychiatry and in influencing the students’ desire to pursue a career in the field.

Each year, participating schools gather for the National Medical Student Conference. The 2020 conference was hosted by Tulane University in New Orleans, January 24-25. All 14 Medical Student Programs participated in the conference along with KTGF and AACAP, as well as visiting students from the Netherlands and Australia. Over 120 medical students, fellows, faculty, and staff attended the conference. The conference included student oral presentations, a networking lunch, student poster presentations, and faculty presentations.

The 2021 conference was hosted virtually by the University of Iowa, February 26-27. Over 170 attendees registered for the conference, which included student oral presentations, game breakout rooms, student poster presentations, mentoring breakout rooms, and faculty presentations.

Recipient 2020: **John V. Campo, MD**  
*Honors Presentation:* Association Between the Release of Netflix’s 13 Reasons Why and Suicide Rates in the United States: An Interrupted Time Series Analysis



the association between adverse childhood experiences, medical morbidity, and healthcare utilization

2021 Recipient:

**Sara VanBronkhorst, MD, MPH**

*Project:* Mother-Child Interactions and Oxytocin: A Pilot Study of Mothers, their Toddlers, and Intergenerational Transmission of Childhood Adversities

### AACAP PILOT RESEARCH AWARDS FOR ATTENTION DISORDERS, SUPPORTED BY AACAP’S ELAINE SCHLOSSER LEWIS FUND

2020 Recipient: **Alison M. Duncan, MD**

*Project:* Understanding Parent-Child Communication in the Context of ADHD

2020 Recipient: **Rana Elmaghraby, MD**

*Project:* Pharmacotherapy of ADHD and the Risk of New-Onset Psychosis in a Geographically Defined Cohort of Youth

2021 Recipient: **Ritvij M. Satodiya, MD**



Recipient 2021: **David A. Brent, MD**

*Honors Presentation:* Brief Behavioral Therapy for Pediatric Anxiety and Depression in Primary Care: A Follow-up

**AACAP'S PSYCHODYNAMIC FACULTY TRAINING AND MENTORSHIP INITIATIVE**

AACAP's 2020 Psychodynamic Faculty Training and Mentorship Initiative aims to support and advance psychodynamic psychotherapy training in child and adolescent psychiatry residency programs through faculty development. Under guidance of an assigned AACAP mentor, award recipients identify a problem or area in need of improvement in their child and adolescent psychiatry fellowship program's teaching of psychodynamic psychotherapy and design a project to address the need. They work through the year toward project completion with their assigned mentor, while gaining access to a network of leaders in the specialty. Funded through a generous donation

by Samuel and Lucille B. Ritvo Charitable Fund, recipients receive financial assistance toward their registration to attend a daylong project planning session, along with a networking event during the week of AACAP's Virtual Annual Meeting. The program is administered through AACAP's Department of Research, Grants, and Workforce, under the direction of Rachel Ritvo, MD, Marty Drell, MD, and Michael Shapiro, MD

2020 Recipients:

**Kathleen T. Baynes, MD**  
University of Rochester Medical Center *Mentor:* Timothy Rice, MD Icahn School of Medicine at Mount Sinai

**Shan Gao, MD, PhD**  
Western Psychiatric Hospital—University of Pittsburgh Medical Center *Mentor:* Roberta Isberg, MD Boston Children's Hospital

**Julianne Giust, MD**

Indiana University School of Medicine *Mentor:* Craigan Todd Usher, MD Oregon Health & Science University

**Burgundy Johnson, DO**

University of Iowa Hospitals & Clinics  
*Mentor:* Ted Gaensbauer, MD University of Colorado Health Sciences Center

**Jessica A. Merritt, MD**

Vanderbilt University Medical Center *Mentor:* Efrain Bleiberg, MD Baylor College of Medicine

2021 Recipients

**Jawed M. Bharwani, MD**

Creighton University  
*Mentor:* Magdalena Romanowicz, MD Mayo Clinic

**Sarah Flynn, MD**

University of South Dakota

*Mentor:* Ayame Takahashi, MD Southern Illinois University

**Priya M. Punnoose, MD**

Children's National Health System/George Washington University School of Medicine  
*Mentor:* John P. Glazer, MD Boston Children's Hospital

**Meghan M. Schott, DO**

Children's National Health System/George Washington University School of Medicine  
*Mentor:* Arden D. Dingle, MD University of Nevada Reno

**Malak S. Rafla, MD**

Cambridge Health Alliance/Harvard Medical School  
*Mentor:* Dorothy E. Stubbe, MD Yale Child Study Center

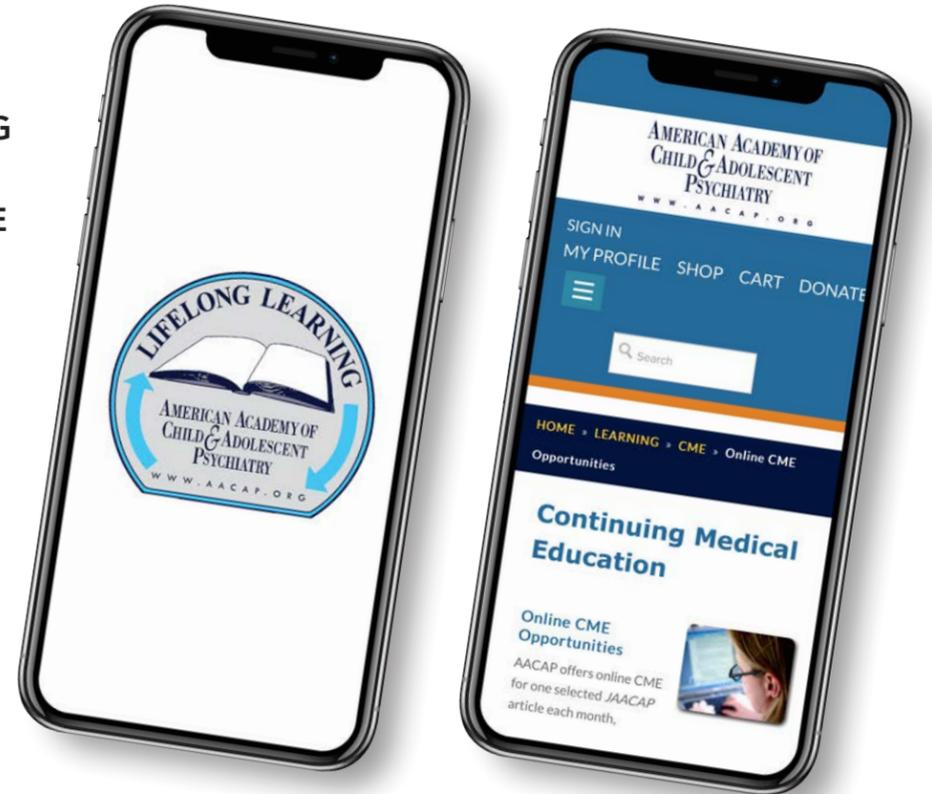
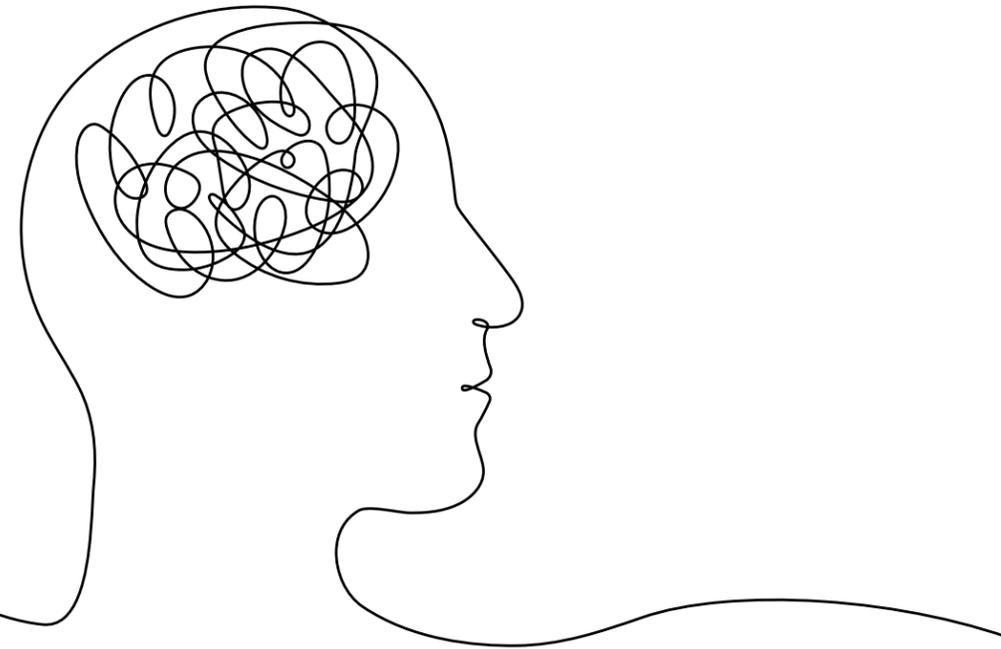
**Sarah D. Sicher, MD**

Los Angeles County (LAC) and University of Southern California (USC) Medical Center/Keck School of Medicine  
*Mentor:* Mali A. Mann, MD Stanford University

# PROFESSIONAL EDUCATION



AACAP'S CONTINUING MEDICAL EDUCATION (CME) PROGRAMS ARE PART OF CLINICIANS' LIFELONG LEARNING AND DAILY PRACTICE AND ARE DESIGNED TO BRING THE BEST TREATMENTS TO CHILDREN IN NEED.





### 2020 Annual Meeting Highlights

AACAP successfully hosted its first Virtual Annual Meeting in 2020, marking a significant achievement under the unique circumstances presented by the global pandemic. Transitioning to a virtual format allowed us to continue supporting our members' professional development and the health of the wider community effectively. The meeting attracted 4,344 attendees, nearly reaching our initial projections for an in-person event in San Francisco and setting a record for member attendance at a single meeting. This high level of engagement demonstrates the strong interest and commitment within our community.

Internationally, 425 attendees from 57 countries participated, showcasing our global impact and relevance of our mission. The program, led by James J. McGough, MD, and Deputy Chair Tami D. Benton, MD, featured over 72 ticketed events that sold out and introduced innovative formats for Institutes, Symposia, and Clinical Perspectives. These adjustments enhanced the flexibility of the meeting, allowing attendees to engage with content more effectively than in traditional settings.

The Virtual Exhibit Hall, with 43 booths, achieved 90% of our targeted revenue, proving the viability and attractiveness of virtual interactions for both exhibitors and participants. This success highlights our community's willingness to embrace new methods of connection and learning.



### 2021 Annual Meeting Highlights

In 2021, AACAP's 68th Annual Meeting built on the previous year's success, refining our virtual engagement approach, and drawing 4,265 participants. This accomplishment led us to exceed our re-budgeted registration revenue goal by 105% and our exhibit sales goal by an impressive 163%. Our attendance included 3,281 members, representing 36% of AACAP's membership, underscored the ongoing strength and resilience of our community.

We maintained our commitment to global engagement, with 408 international attendees from 59 countries. The Program Committee, again under the leadership of James J. McGough, MD, and Deputy Chair Tami D. Benton, MD, managed to sell out 64 small-ticketed events and leverage the virtual format to improve the attendee experience.

### Looking Forward

The virtual Annual Meetings of 2020 and 2021 not only demonstrated AACAP's ability to adapt to challenges but also reinforced our commitment to the advancement of child and adolescent psychiatry. These experiences equipped us with valuable insights into our community's preferences, guiding our planning for future meetings, whether virtual, in-person, or hybrid. We remain committed to promoting learning, collaboration, and growth in our field, ensuring we continue to support our members and the families they serve under any circumstances.

### JAACAP 2020 & 2021 Summary

Throughout 2020 and 2021, JAACAP has diligently pursued its mission to advance pediatric mental health science and promote the care of youth and their families amid global challenges. By focusing on responsive research dissemination, antiracism efforts, exploring open access publishing, and celebrating the resilience of youth through art, JAACAP continues to lead the way in making the field of child and adolescent psychiatry more inclusive, accessible, and impactful.

In response to the unprecedented challenges of the COVID-19 pandemic, JAACAP aimed to document its impact on the mental health of children, adolescents, and their families. We aligned our goals with our mission to advance the science of pediatric mental health and support youth and families. The June 2020 Editors' Note and the JAACAP Guide for Authors reflected this focus, offering freely accessible COVID-19 research through our special collection.

The emergence of COVID-19 dramatically changed daily life, prompting JAACAP to launch a Research Priorities Survey. This survey aimed to pinpoint crucial research areas to support children and families during the pandemic. The editorial team is currently analyzing the results to guide future research priorities.

### Advancing Antiracism in 2020

JAACAP committed to becoming an antiracist journal, launching initiatives that included continuous calls for papers on racism's effects on child development and mental health, updating the author guidelines to emphasize diversity, and creating a free access collection on bias and racism. We also made our editorial board more inclusive, introduced roles focused on diversity and antiracism, and started collecting demographic data to ensure our editorial process reflects antiracist principles.

### Open Access Developments in 2020

JAACAP engaged in extensive discussions on open access publishing, highlighted by an informative article in AACAP News and a forum during AACAP's Virtual Annual Meeting. We surveyed various stakeholders about open access and a potential new journal, aiming to shape our future publishing strategies based on this feedback.

### Continuing Antiracism Efforts in 2021

In 2021, JAACAP provided an update on its antiracism initiatives, including an ongoing call for papers on racism, an expanding collection of articles on disparities, new editorial roles to support diversity and equity, and the collection of demographic information to better understand and serve our community. We also increased transparency around editorial opportunities and launched the AACAP Emerging Leaders Fellowship to mentor future leaders in psychiatry.

### JAACAP Connect & Open Access Expansion in 2021

JAACAP Connect continued to bridge scientific findings with clinical practice, offering mentorship for authors on relevant topics in pediatric mental health. Special issues focused on the COVID-19 pandemic and justice, equity, diversity, and inclusion themes.

Following Council approval, we moved forward with plans to launch a new open access journal, tentatively named JAACAP Open. This process included selecting an editor and finalizing a publishing agreement, with plans to define the journal's scope and editorial direction.



**BE A  
HERO**

## WHEN YOU GIVE, YOU CREATE A BETTER FUTURE — TODAY.

### CAMPAIGN FOR AMERICA'S KIDS **AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident**

The AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident was established in 1996 through a grant from the Greenwall Foundation and the Klingenstein Third Generation Foundation in honor of Beatrix A. Hamburg, MD, former president of the William T. Grant Foundation and an AACAP Life Fellow. This award honors her commitment to the education and development of young investigators by recognizing the best new research poster by a child and adolescent psychiatry resident and AACAP member.

2020 Recipient: **Tapan Parikh, MD, MPH**

2021 Recipient: **Tea Rosic, MD**

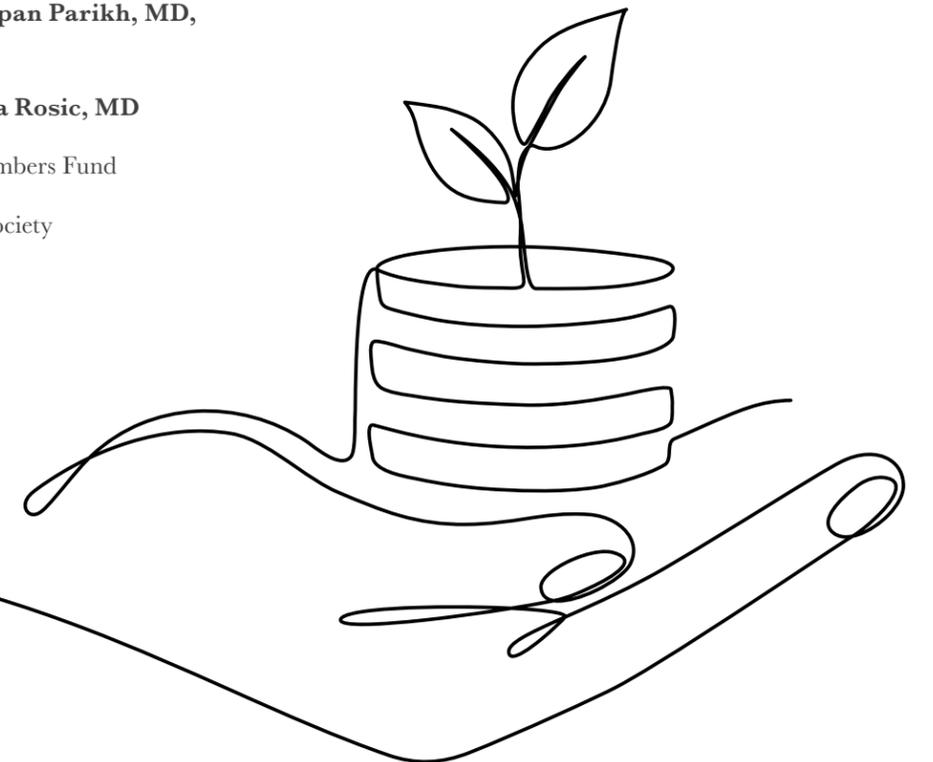
I. Life Members Fund

II. 1953 Society

### LIFE MEMBERS FUND

In 2019, AACAP's Life Members Fund raised over \$44,985 in support of two grant awards. AACAP's Educational Outreach Program for Child and Adolescent Psychiatry Residents and AACAP's Life Members Mentorship Grants for Medical Students are guiding the careers and future work of young professionals in the specialty. A \$1,000 gift is all it takes to send a medical student or child and adolescent psychiatry fellow to the Annual Meeting to be mentored by our Life Members — an opportunity that is invaluable.

Our Owls, as they are fondly called, are part of ensuring the next generation of child and adolescent psychiatrists has abundant opportunities for mentorship and career development.



**1953 SOCIETY**

Giving to the 1953 Society is a lasting legacy to AACAP. Members join AACAP's 1953 Society by indicating that they are leaving a bequest or an estate gift to AACAP in their final plans. Bequest and estate gifts can bypass the process of transferring assets with minimal tax implications to your estate or your beneficiaries. By leaving a bequest or estate gift in your will, you are connected by a shared purpose and vision of AACAP as a driving power behind the progress child psychiatrists are achieving for children with mental illnesses.

**CATCHERS IN THE RYE AWARDS**

**ASSEMBLY CATCHERS IN THE RYE AWARDS**

**AACAP Catchers in the Rye Humanitarian Awards**  
2020 Recipient: **W. Thomas Boyce, MD**

W. Thomas Boyce, MD, is a leading expert on the interplay between neurobiological and psychosocial processes—an interplay that leads to socially partitioned differences in childhood health, development, and disease. Studying the interactive influences of socio-economic adversities and



neurobiological responses, Dr. Boyce has demonstrated how psychological stress and neurobiological reactivity to aversive social contexts operate conjointly to produce both physical and mental health disorders in childhood populations. A central goal of his work is to develop a new synthesis between biomedical and social epidemiologic accounts of human pathogenesis and to articulate the public health implications of that synthetic view. He is the author of the book *The Orchid and the Dandelion: Why Some Children Struggle and How All Can Thrive*, which was published in 2019.

2021 Recipient: **Hillary Rodham Clinton, JD**

Mrs. Hillary Rodham Clinton has served as secretary of state, senator from New York, first lady of the United States, first lady of Arkansas, a practicing lawyer and law professor, activist, and volunteer. Mrs. Clinton's mother, Dorothy, had a tough childhood. She was abandoned by her parents as a young child and shipped off to live with relatives who didn't want to raise her. By age 14, Dorothy knew the only way she'd get by was to support herself, and she started working as a housekeeper and babysitter while she went to high school. Her mother's experience inspired Mrs. Clinton to fight for the needs of children everywhere.

After attending Wellesley College, Mrs. Clinton enrolled in Yale Law School, where she was one of just 27 women in her graduating class. After law school, Mrs. Clinton didn't join a big law firm in Washington or New York. Instead, she went to work for the Children's Defense Fund, going door-to-door in New Bedford, Massachusetts, gathering stories about the lack of schooling for children with disabilities. These testimonials contributed to the passage of historic legislation that required the state to provide quality education for students with disabilities. This commitment to public service and fighting for others—especially children and families—has stayed with her throughout her life. She co-founded Arkansas Advocates for Children and Families, one of the state's first child advocacy groups. As first lady of the United States, she worked with Republicans and Democrats to help create the successful Children's Health Insurance Program, which provides health coverage to more than 8 million children and has helped cut the uninsured rate for children in half.

Mrs. Clinton ran for president in 2016, championing her belief that Americans are stronger together. Over the years, she has strongly supported the enactment of mental health parity laws, which have helped ensure that millions of Americans with mental illness do not lose access to the services that they need because of financial restrictions or arbitrary treatment limits..

**AACAP ASSEMBLY CATCHERS IN THE RYE AWARD TO AN INDIVIDUAL**

The AACAP Assembly Catchers in the Rye Award to an Individual was established in 1996 to recognize an individual for his or her outstanding advocacy efforts on behalf of children and adolescents.

2020 Recipient: **Suzan Song, MD, MPH, PhD**

Suzan Song, MD, MPH, PhD, is associate professor and director of the Division of Child/Adolescent and Family

Psychiatry at The George Washington University, adviser to the US State Department on human trafficking, and a humanitarian protection consultant for Save the Children and the United Nations. After training at the University of Chicago, Harvard University, Stanford University, and the University of Amsterdam, she conducted research and policy work with forcibly displaced youth and families and former child soldiers in Sierra Leone, Burundi, Liberia, Ethiopia, Haiti, DR Congo, and the Syrian refugee camps in Jordan as an adviser to humanitarian agencies such as United Nations and International Medical Corps. She has also treated thousands of survivors of torture and human rights violations in the US and globally. She has provided multiple testimonies for Congressional briefings on unaccompanied children as well as on child trafficking. Her book, *Child, Adolescent and Family Refugee Mental Health: A Global Perspective*, is coedited with the senior mental health adviser to the UN High Commissioner for Refugees.

2021 Recipient: **David Fassler, MD**

David Fassler, MD is a child and adolescent psychiatrist practicing in Burlington, Vermont. A graduate of Yale University School of Medicine, he completed his training in adult psychiatry at the University of Vermont, and in child psychiatry at Cambridge Hospital. He is the clinical director of Otter Creek Associates, a multidisciplinary practice providing comprehensive mental health and substance abuse treatment services. Dr. Fassler is also a clinical professor of psychiatry at the Larner College of Medicine at the University of Vermont and the director of advocacy and public policy at the Vermont Center for



**1953**  
**SOCIETY**  
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Children, Youth & Families. Dr. Fassler has served AACAP in many ways as an outstanding advocate, mentor, and leader. Dr. Fassler has demonstrated his advocacy skills through numerous leadership positions at AACAP including AACAP Treasurer, Chair of the Assembly of Regional Organizations, Council member, Assembly delegate, co-chair of the Children and the Law Committee, and member of the Consumer Issues Committee. Dr. Fassler is a leader in organized medicine and has worked on advocacy initiatives since medical school. He has been central to AACAP's delegation to the American Medical Association (AMA). He served as AACAP's Delegate from 1997–2008 and 2018–2020. He also served as AACAP's Alternate Delegate from 1990–1996 and 2008–2018. His advocacy and collaborative leadership style have been invaluable in supporting issues of importance to children and families and the field of child psychiatry.

#### VIRGINIA Q ANTHONY OUTSTANDING WOMAN LEADER AWARD

The AACAP Virginia Q. Anthony Outstanding Woman Leader Award is awarded by AACAP's president. It was established in 2013 to celebrate the lifetime achievements of extraordinary women in the field of child and adolescent psychiatry. As its namesake envisioned, the award is for women who have applied their talent, medical skills, and leadership to dramatically improve the wellbeing of children with mental illness.

#### 2020 Recipient: **Tami D. Benton**

Tami D. Benton, MD, is the Frederick Allen Professor of Psychiatry at the Perelman School of Medicine at the University of Pennsylvania, and

chair of psychiatry at the Children's Hospital of Philadelphia (CHOP). She completed the Triple Board Program at Montefiore/Albert Einstein School of Medicine and is a distinguished fellow of the Academy. Her leadership roles include AACAP councilor-at-large and secretary, HIV Issues committee co-chair, Program Committee deputy chair, member of the Presidential Working Group to Promote Health Equity and Combat Racism, AADPRT membership chair, and president-elect of the American Association of Directors of Child and Adolescent Psychiatry. Her national contributions include NIMH's Advisory Council, APA's Council on Research, and trusteeship for The Devereux Foundation and the Juvenile Law Center. She's served on ABPN/AAP examination committees, directed the child and adolescent psychiatry fellowship/peds portal program, and co-leads the Child and Adolescent Mood Program/ Suicide Center at CHOP. She has received the University of Pennsylvania Blockley Osler Teaching Award, Elizabeth Weller Award, The Lifesavers Award for Community Impact and The Community Outreach Award from the American Foundation for Suicide Prevention, and the Humanitarian Award from The Society of Biological Psychiatry. Her academic focus is childhood depression, suicide, HIV/AIDS, and Sickle Cell disease.

#### 2021 Recipient:

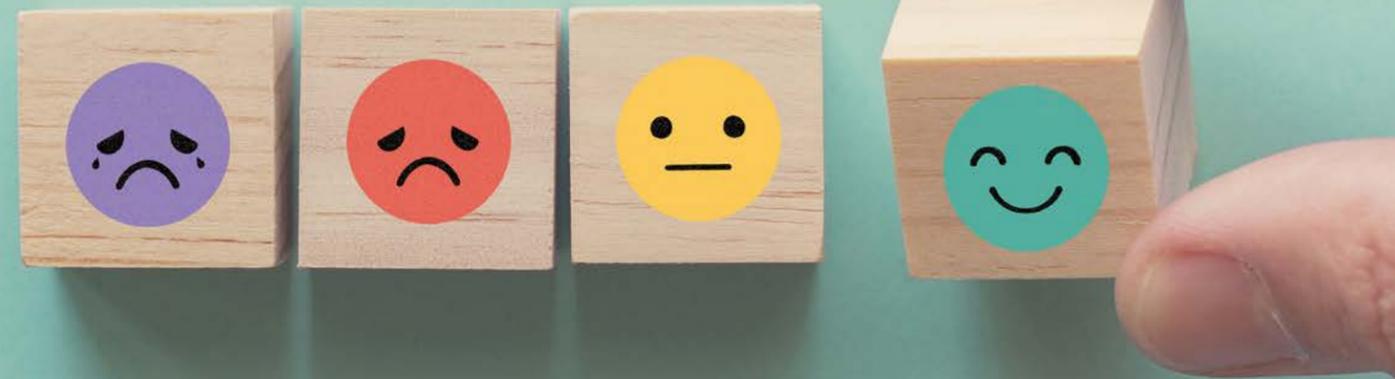
#### **Manpreet K. Singh, MD, MS**

Manpreet K. Singh, MD, MS, is associate professor of psychiatry and behavioral sciences at Stanford University and leads Stanford's Pediatric Mood Disorders Program and Pediatric Emotion and Resilience Lab. She completed Triple Board training at Cincinnati Children's Hospital Medical Center, where being

chief resident was her first pivotal leadership role. Dr. Singh has since edited the inaugural Clinical Handbook for the Diagnosis and Treatment of Pediatric Mood Disorder and has authored more than 150 manuscripts in peer-reviewed journals, abstracts, and chapters. She is invited to speak internationally on topics ranging from health equity, professionalism, to translational psychiatry. She currently leads multiple NIH and industry sponsored collaborative studies aimed at investigating the origins and pathways for developing mood disorders and to discover novel methods to protect and preserve function. Nationally, she co-chairs AACAP's Research Committee and Taskforce on Clinical Essentials, and has served on AACAP's Presidential Taskforce, the editorial board for JAACAP, and on the Executive Advisory Committee for the AACAP-NIDA K12 Mentored Clinical Scientist Development Program. She leads the Stanford site for the National Network of Depression Centers' Child and Adolescent Mood Disorders Interest Group, has served on the DSM-5 Text Revision Committee, and on Council for the Society for Biological Psychiatry (SOBP), founding SOBP's Ambassador Program, an initiative seeking to diversify the field through innovation and social belonging. Her leadership principles are rooted in the core value of working collaboratively to meet patient unmet needs, focusing on early diagnosis, phenomenology, and novel treatments of major mood disorders.

#### AACAP NORBERT AND CHARLOTTE RIEGER SERVICE PROGRAM AWARD FOR EXCELLENCE

The AACAP Norbert and Charlotte Rieger Service Program Award for Excellence recognizes innovative



programs that address prevention, diagnosis, or treatment of mental illness in children and adolescents and serve as model programs to the community. Supported by the Norbert and Charlotte Rieger Foundation, the Award was established in 1996.

#### 2020 Recipient:

#### **Linmarie Sikich, MD**

Linmarie Sikich, MD, completed her BA, MA, and MD at Washington University—St. Louis. She was trained clinically at Yale University. She completed post-doctoral research fellowships at both. At the University of North Carolina—Chapel Hill, she focused on clinical care and clinical trials for autism and psychosis. In 2015, she joined Duke University to help develop two highly integrated programs sharing staff and facility resources and designed to improve access to youth mental health care. The Integrated Pediatric Mental Health (IPMH) program focuses on rapid access to mental health care to reduce hospital stays. Duke's Center for Autism and Brain Development (DCABD) is a comprehensive autism program providing diagnoses, clinical care, and research. IPMH is the single referral

portal for pediatric developmental and behavioral concerns. IPMH volume has increased by more than 100% annually, with larger increases in medication management. In 2019, it fielded thousands of calls (>40,000). Further, 25% of emergency department child psychiatry patients have returned home to be seen by an outpatient provider within a week. IPMH also provides primary care physicians in rural counties with rapid child psychiatry. Disparity research is the main focus. The DCABD accounts for 25% of IPMH triage calls. It provides >500 new diagnostic assessments and ~2,500 ongoing care visits annually. Its research portfolio has grown from two clinical trials to nine. Training and community outreach are central.

#### 2021 Recipient:

#### **Stewart Adelson, MD**

Stewart Adelson, MD, is an adult, child, and adolescent psychiatrist at Cornell and Columbia and a senior visiting fellow at Yale Law School. He is founding director of the Youth Equity Science/ YES Project, a collaboration of legal, human rights, and public health experts to reduce mental health disparities among LGBT youth in the

U.S. and internationally at Yale Law & Public Health Schools' Global Health Justice Partnership. LGBT youth are at 2–4-fold increased risk of suicide in the United States. Biased laws and policies account for about 20% of the elevated risk. Examples include inequities in school climate, bullying, child welfare, and healthcare, as well as employment, housing, public accommodation, and hate crimes. Internationally, examples include curtailment of speech supportive of LGBT youth, imprisonment, torture, and capital punishment of LGBT people. YES, applies public health principles to human rights needs to promote policies and laws that can reduce LGBT youth mental health disparities caused by such structural stigma. Dr. Adelson was a 2014–15 clinical research scholar at Harvard Medical School. He has served as medical director in public psychiatry-oriented clinical programs, and as lead author of AACAP's Practice Parameter for LGBT youth. He is a member of the Group for Advancement of Psychiatry, the American College of Psychiatrists, and the LGBT Advisory Committee of Human Rights Watch.

# THANK YOU FOR SUPPORTING AACAP!!

AACAP is committed to the promotion of mentally healthy children, adolescents, and families through research, training, prevention, comprehensive diagnosis and treatment, peer support, and collaboration. We are deeply grateful to the following donors for their generous financial support of our mission.

*Gifts Received from January 1, 2020 to December 31, 2021.*

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Edward Leatherman, MD, in honor of Martin Drell, MD

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Network for Good

James A. Ruggles, MD

Laurence R. Saben, MD

David Seabrook

## \$100 TO \$499

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Fazal Ahmed, MD

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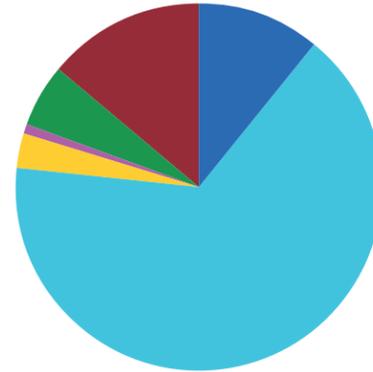
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**TREASURER'S REPORT:**  
STATEMENT OF FINANCIAL POSITION

2020

**ASSETS**

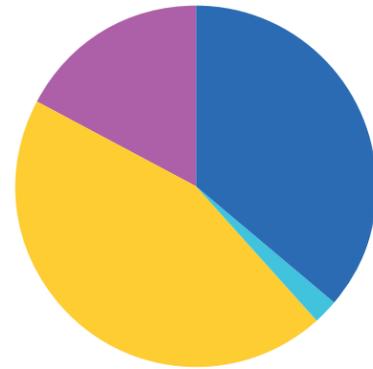
Cash	\$ 2,742,331	■
Investments	16,280,467	■
Receivables, net	802,869	■
Prepaid expenses and other	158,446	■
Property and equipment, net	1,378,219	■
Investments held for endowments	3,426,951	■
<b>Total Assets</b>	<b>\$ 24,789,283</b>	



**LIABILITIES AND NET ASSETS**

Liabilities:

Accounts payable and accrued expenses	\$ 1,367,385	■
Regional Council dues payable	1,914	■
Deferred revenue	1,624,285	■
Refundable Advance	619,440	■
<b>Total Liabilities</b>	<b>\$ 3,613,024</b>	



Net Assets:

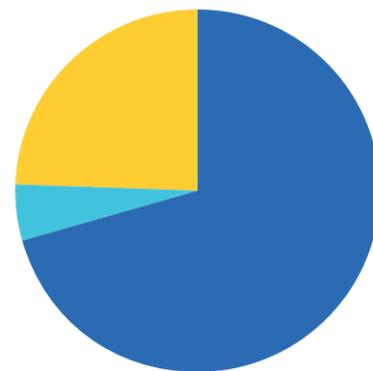
Without donor restrictions:

Undesignated	\$ 14,992,144	■
Board-designated	1,040,575	■
	16,032,719	

With donor restrictions

	5,143,540	■
	21,176,259	

<b>Total liabilities and net assets</b>	<b>\$ 24,789,283</b>	
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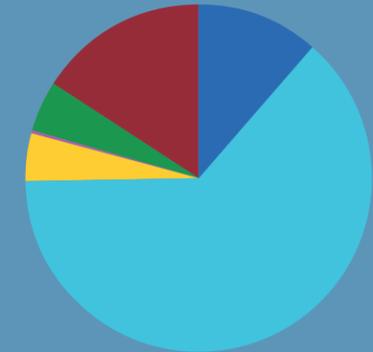


*Our history of fiscal stability allows us to continue to develop products, programs, and services to help our members be leaders in the field of child and adolescent psychiatry.*

2021

**ASSETS**

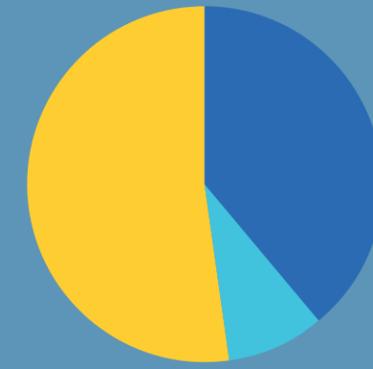
Cash	\$ 3,311,024	■
Investments	18,244,002	■
Receivables, net	1,262,439	■
Prepaid expenses and other	108,218	■
Property and equipment, net	1,309,693	■
Investments held for endowments	4,557,221	■
<b>Total Assets</b>	<b>\$ 28,792,597</b>	



**LIABILITIES AND NET ASSETS**

Liabilities:

Accounts payable and accrued expenses	\$ 1,255,465	■
Regional Council dues payable	269,878	■
Deferred revenue	1,614,711	■
Refundable Advance	0	■
<b>Total Liabilities</b>	<b>\$ 3,140,054</b>	



Net Assets:

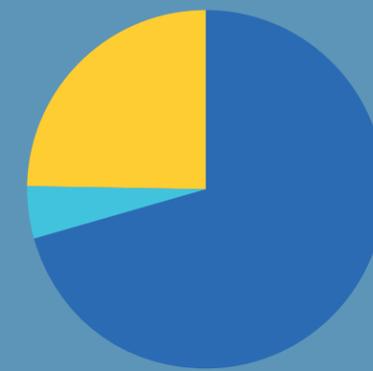
Without donor restrictions:

Undesignated	\$ 18,251,852	■
Board-designated	1,148,008	■
	19,399,860	

With donor restrictions

	6,252,683	■
	25,652,543	

<b>Total liabilities and net assets</b>	<b>\$ 28,792,597</b>	
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